

Selfcare Word Search

Puzzle 67

F	R	I	E	N	D	S	H	I	P	F	U	N	A	X	B
J	L	S	Q	D	I	R	E	C	T	I	O	N	F	R	U
Y	O	S	T	R	A	I	N	Q	A	J	C	G	F	G	N
N	R	U	U	B	T	R	A	C	K	E	R	X	E	B	O
H	E	G	R	N	W	D	D	R	M	Y	I	F	C	F	M
A	L	M	U	N	L	N	E	G	O	B	X	D	T	O	Y
L	A	S	P	W	A	I	G	E	P	C	V	W	R	O	N
Q	X	S	R	Y	X	L	G	X	F	Z	E	F	J	O	D
K	A	O	E	B	N	D	N	H	O	K	U	A	I	Y	J
C	T	K	S	C	A	S	B	A	T	I	J	S	N	F	A
G	I	H	E	A	V	Z	Q	L	Y	K	S	D	M	W	U
A	O	A	N	N	U	Q	U	E	W	A	N	S	O	W	X
K	N	T	C	D	E	X	G	N	P	U	O	T	P	Q	E
E	U	E	E	K	A	M	C	M	O	A	E	W	Z	O	B
C	P	M	I	B	S	Y	O	S	T	N	W	W	X	V	E
B	K	Z	A	C	E	C	E	P	L	A	N	N	E	R	E

**AFFECT
DIRECTION
EXHALE
JOURNAL
OCEAN
PRESENCE
SOUND
SUNLIGHT**

**COMPASSION
EASE
FRIENDSHIP
JOY
PLANNER
RELAXATION
STRAIN
TRACKER**

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Puzzle-Solution 67

F	R	I	E	N	D	S	H	I	P	F	U	N	A	X	B
J	L	S	Q	D	I	R	E	C	T	I	O	N	F	R	U
Y	O	S	T	R	A	I	N	Q	A	J	C	G	F	G	N
N	R	U	U	B	T	R	A	C	K	E	R	X	E	B	O
H	E	G	R	N	W	D	D	R	M	Y	I	F	C	F	M
A	L	M	U	N	L	N	E	G	O	B	X	D	T	O	Y
L	A	S	P	W	A	I	G	E	P	C	V	W	R	O	N
Q	X	S	R	Y	X	L	G	X	F	Z	E	F	J	O	D
K	A	O	E	B	N	D	N	H	O	K	U	A	I	Y	J
C	T	K	S	C	A	S	B	A	T	I	J	S	N	F	A
G	I	H	E	A	V	Z	Q	L	Y	K	S	D	M	W	U
A	O	A	N	N	U	Q	U	E	W	A	N	S	O	W	X
K	N	T	C	D	E	X	G	N	P	U	O	T	P	Q	E
E	U	E	E	K	A	M	C	M	O	A	E	W	Z	O	B
C	P	M	I	B	S	Y	O	S	T	N	W	W	X	V	E
B	K	Z	A	C	E	C	E	P	L	A	N	N	E	R	E

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