

# Selfcare Word Search

## Puzzle 78

O	R	E	S	I	L	I	E	N	C	E	W	U	E	N	V
Z	S	L	O	W	D	O	W	N	G	D	N	U	B	O	R
U	E	P	A	U	S	E	P	G	D	A	I	E	J	X	S
N	D	T	F	V	F	F	L	W	A	R	M	T	H	E	X
O	A	I	D	S	V	K	A	Y	M	S	N	S	R	X	T
B	Q	T	B	C	G	Z	N	C	H	K	W	U	N	I	L
P	U	G	U	L	Q	Q	N	Q	X	O	T	O	T	A	N
R	B	R	B	R	L	U	E	C	E	S	I	X	Y	C	S
O	A	L	N	U	E	I	R	D	O	T	N	O	P	S	Q
T	L	N	B	O	M	E	R	P	A	U	I	D	E	A	Y
E	A	M	E	O	U	T	P	R	F	Q	R	N	P	A	M
C	N	O	O	K	Z	T	D	E	L	G	D	A	X	V	N
T	C	L	P	R	Y	Y	Z	W	A	N	X	F	G	Q	F
I	E	M	T	W	H	Y	U	Z	I	C	C	H	X	E	E
O	F	E	U	Q	R	C	T	K	B	K	E	B	O	L	E
N	Z	R	A	W	G	E	N	T	L	E	N	E	S	S	J

**BALANCE  
COURAGE  
HYDRATION  
NATURE  
PEACE  
POSTURE  
QUIET  
SLOWDOWN**

**BURNOUT  
GENTLENESS  
KINDNESS  
PAUSE  
PLANNER  
PROTECTION  
RESILIENCE  
WARMTH**

# Selfcare Word Search

## Puzzle-Solution 78

O	R	E	S	I	L	I	E	N	C	E	W	U	E	N	V
Z	S	L	O	W	D	O	W	N	G	D	N	U	B	O	R
U	E	P	A	U	S	E	P	G	D	A	I	E	J	X	S
N	D	T	F	V	F	F	L	W	A	R	M	T	H	E	X
O	A	I	D	S	V	K	A	Y	M	S	N	S	R	X	T
B	Q	T	B	C	G	Z	N	C	H	K	W	U	N	I	L
P	U	G	U	L	Q	Q	N	Q	X	O	T	O	T	A	N
R	B	R	B	R	L	U	E	C	E	S	I	X	Y	C	S
O	A	L	N	U	E	I	R	D	O	T	N	O	P	S	Q
T	L	N	B	O	M	E	R	P	A	U	I	D	E	A	Y
E	A	M	E	O	U	T	P	R	F	Q	R	N	P	A	M
C	N	O	O	K	Z	T	D	E	L	G	D	A	X	V	N
T	C	L	P	R	Y	Y	Z	W	A	N	X	F	G	Q	F
I	E	M	T	W	H	Y	U	Z	I	C	C	H	X	E	E
O	F	E	U	Q	R	C	T	K	B	K	E	B	O	L	E
N	Z	R	A	W	G	E	N	T	L	E	N	E	S	S	J

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