

# Selfcare Word Search

## Puzzle 108

D	M	O	N	P	L	A	G	M	V	G	F	L	D	E	Q
J	S	X	C	O	M	M	U	N	I	T	Y	C	B	B	E
Q	L	U	W	V	R	B	T	X	U	O	J	O	M	R	I
R	L	Q	K	E	L	I	A	L	H	H	F	N	O	B	E
J	J	A	J	X	M	E	C	T	T	C	Y	T	Q	T	S
I	Q	O	B	O	U	N	D	A	R	Y	S	E	Y	O	C
O	H	F	Y	D	A	C	V	I	E	E	F	N	E	Z	L
D	K	P	F	I	I	E	P	N	R	E	C	T	X	V	A
Y	V	U	W	E	X	R	H	A	I	T	T	M	H	S	R
T	E	N	S	I	O	N	E	L	T	O	O	E	A	H	I
J	H	O	M	C	V	P	E	C	Q	I	R	N	L	L	T
C	A	S	I	X	D	R	Z	R	T	O	E	T	E	H	Y
P	B	L	B	E	L	O	O	G	H	I	R	N	U	H	X
Z	I	E	P	H	N	F	S	C	D	B	O	F	C	M	Z
L	T	E	G	G	M	N	N	P	U	A	C	N	F	E	Y
F	L	P	Q	N	R	A	M	N	O	U	R	I	S	H	B

**AMBIENCE  
BOUNDARY  
COMMUNITY  
DIRECTION  
HABIT  
NOURISH  
RELIEF  
SLEEP**

**ANCHOR  
CLARITY  
CONTENTMENT  
EXHALE  
JOY  
PATIENCE  
RESTORE  
TENSION**

# Selfcare Word Search

## Puzzle-Solution 108

D	M	O	N	P	L	A	G	M	V	G	F	L	D	E	Q
J	S	X	C	O	M	M	U	N	I	T	Y	C	B	B	E
Q	L	U	W	V	R	B	T	X	U	O	J	O	M	R	I
R	L	Q	K	E	L	I	A	L	H	H	F	N	O	B	E
J	J	A	J	X	M	E	C	T	T	C	Y	T	Q	T	S
I	Q	O	B	O	U	N	D	A	R	Y	S	E	Y	O	C
O	H	F	Y	D	A	C	V	I	E	E	F	N	E	Z	L
D	K	P	F	I	I	E	P	N	R	E	C	T	X	V	A
Y	V	U	W	E	X	R	H	A	I	T	T	M	H	S	R
T	E	N	S	I	O	N	E	L	T	O	O	E	A	H	I
J	H	O	M	C	V	P	E	C	Q	I	R	N	L	L	T
C	A	S	I	X	D	R	Z	R	T	O	E	T	E	H	Y
P	B	L	B	E	L	O	O	G	H	I	R	N	U	H	X
Z	I	E	P	H	N	F	S	C	D	B	O	F	C	M	Z
L	T	E	G	G	M	N	N	P	U	A	C	N	F	E	Y
F	L	P	Q	N	R	A	M	N	O	U	R	I	S	H	B

**AMBIENCE**  
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