

Selfcare Word Search

Puzzle 112

R	S	T	R	E	T	C	H	H	A	T	N	M	O	S	Q
E	A	T	T	E	N	T	I	O	N	L	Y	E	Y	E	Z
L	W	V	C	O	X	C	M	G	A	F	P	W	P	Y	U
A	I	C	O	P	E	Z	G	N	S	A	R	L	R	A	I
X	I	O	N	J	N	Z	R	I	Y	J	E	R	W	M	K
A	C	U	T	I	B	U	T	A	T	D	S	J	C	S	D
T	C	R	E	O	O	A	L	B	M	H	S	C	M	M	S
I	H	A	N	J	S	Q	L	M	Y	K	U	X	L	Y	C
O	E	G	T	W	Q	I	R	X	F	F	R	T	Z	P	N
N	C	E	B	I	E	K	I	N	D	N	E	S	S	C	O
F	K	E	W	E	N	L	M	B	U	R	N	O	U	T	T
Q	L	R	W	T	L	H	L	I	R	Z	I	J	H	X	E
Q	I	F	Q	Y	X	O	A	N	V	T	K	N	X	N	B
M	S	G	U	N	D	Q	N	L	E	M	A	L	D	V	O
B	T	B	V	F	B	J	R	G	E	S	Y	L	U	V	O
F	O	R	G	I	V	E	N	E	S	S	S	A	C	B	K

**ATTENTION
BURNOUT
CONTENT
FORGIVENESS
JOURNAL
NOTEBOOK
RELAXATION
STRETCH**

**BELONG
CHECKLIST
COURAGE
INHALE
KINDNESS
PRESSURE
SATISFY
WELLNESS**

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Puzzle-Solution 112

R	S	T	R	E	T	C	H	H	A	T	N	M	O	S	Q
E	A	T	T	E	N	T	I	O	N	L	Y	E	Y	E	Z
L	W	V	C	O	X	C	M	G	A	F	P	W	P	Y	U
A	I	C	O	P	E	Z	G	N	S	A	R	L	R	A	I
X	I	O	N	J	N	Z	R	I	Y	J	E	R	W	M	K
A	C	U	T	I	B	U	T	A	T	D	S	J	C	S	D
T	C	R	E	O	O	A	L	B	M	H	S	C	M	M	S
I	H	A	N	J	S	Q	L	M	Y	K	U	X	L	Y	C
O	E	G	T	W	Q	I	R	X	F	F	R	T	Z	P	N
N	C	E	B	I	E	K	I	N	D	N	E	S	S	C	O
F	K	E	W	E	N	L	M	B	U	R	N	O	U	T	T
Q	L	R	W	T	L	H	L	I	R	Z	I	J	H	X	E
Q	I	F	Q	Y	X	O	A	N	V	T	K	N	X	N	B
M	S	G	U	N	D	Q	N	L	E	M	A	L	D	V	O
B	T	B	V	F	B	J	R	G	E	S	Y	L	U	V	O
F	O	R	G	I	V	E	N	E	S	S	S	A	C	B	K

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