

# Selfcare Word Search

## Puzzle 122

F	R	I	E	N	D	S	H	I	P	H	E	A	Z	M	B
P	Q	E	M	K	Z	W	K	Y	P	O	S	T	U	R	E
C	O	N	T	E	N	T	M	E	N	T	F	J	I	S	R
E	M	E	D	I	T	A	T	I	O	N	L	G	K	E	W
L	H	F	A	I	Q	T	N	U	R	H	F	O	I	A	G
C	E	A	P	P	R	E	C	I	A	T	I	O	N	A	A
O	A	H	U	Z	I	E	S	D	D	X	H	M	D	G	R
M	L	C	N	B	S	X	C	N	Y	Z	G	R	N	F	D
P	T	M	F	Q	A	W	O	T	H	Y	R	I	E	X	E
A	H	D	Y	A	V	B	I	V	I	Q	O	T	S	G	N
S	C	U	J	T	T	N	S	S	S	O	U	U	S	V	T
S	A	Y	R	E	E	I	S	T	Q	H	N	A	Q	T	D
I	R	M	Z	R	M	D	G	F	Q	P	D	L	E	S	J
O	E	C	E	S	Q	Q	B	U	S	W	I	M	Q	N	K
N	U	S	K	B	H	E	I	Z	E	H	U	G	I	I	P
W	O	K	I	U	D	P	J	J	S	U	P	P	O	R	T

**APPRECIATION  
COMPASSION  
DIRECTION  
FRIENDSHIP  
GROUND  
KINDNESS  
POSTURE  
SERENITY**

**BOND  
CONTENTMENT  
FATIGUE  
GARDEN  
HEALTHCARE  
MEDITATION  
RITUAL  
SUPPORT**

# Selfcare Word Search

## Puzzle-Solution 122

F	R	I	E	N	D	S	H	I	P	H	E	A	Z	M	B
P	Q	E	M	K	Z	W	K	Y	P	O	S	T	U	R	E
C	O	N	T	E	N	T	M	E	N	T	F	J	I	S	R
E	M	E	D	I	T	A	T	I	O	N	L	G	K	E	W
L	H	F	A	I	Q	T	N	U	R	H	F	O	I	A	G
C	E	A	P	P	R	E	C	I	A	T	I	O	N	A	A
O	A	H	U	Z	I	E	S	D	D	X	H	M	D	G	R
M	L	C	N	B	S	X	C	N	Y	Z	G	R	N	F	D
P	T	M	F	Q	A	W	O	T	H	Y	R	I	E	X	E
A	H	D	Y	A	V	B	I	V	I	Q	O	T	S	G	N
S	C	U	J	T	T	N	S	S	S	O	U	U	S	V	T
S	A	Y	R	E	E	I	S	T	Q	H	N	A	Q	T	D
I	R	M	Z	R	M	D	G	F	Q	P	D	L	E	S	J
O	E	C	E	S	Q	Q	B	U	S	W	I	M	Q	N	K
N	U	S	K	B	H	E	I	Z	E	H	U	G	I	I	P
W	O	K	I	U	D	P	J	J	S	U	P	P	O	R	T

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