

# Selfcare Word Search

## Puzzle 126

S	M	K	M	U	J	R	C	O	N	T	E	N	T	L	K
Z	A	V	Z	B	S	R	E	T	N	B	E	T	U	R	U
A	Q	F	Q	W	L	A	N	C	W	O	P	Z	U	A	G
C	E	C	E	I	V	E	F	B	O	R	G	G	R	L	O
C	V	A	H	T	M	O	S	V	H	V	B	N	G	I	R
E	C	Q	W	E	Y	D	T	P	Z	A	E	W	V	G	G
P	Z	L	V	S	V	M	R	A	A	J	B	R	C	N	A
T	N	O	L	K	V	G	E	T	F	V	L	I	Y	M	N
A	M	U	U	P	M	S	N	I	F	W	V	A	T	E	I
N	S	T	T	C	X	E	G	E	E	X	S	B	S	N	Z
C	D	P	G	R	S	G	T	N	C	Q	Y	L	E	T	E
E	F	U	O	G	I	M	H	C	T	W	L	H	E	E	U
L	J	R	Y	O	R	T	R	E	L	A	T	X	X	E	D
X	S	O	U	N	D	X	I	J	R	O	A	N	Q	W	P
S	U	N	L	I	G	H	T	O	O	O	T	P	Q	C	V
T	B	M	V	R	X	Y	Y	S	N	N	M	H	P	Z	N

**ACCEPTANCE**  
**ALIGNMENT**  
**HABIT**  
**NUTRITION**  
**PATIENCE**  
**SAFETY**  
**SOOTHE**  
**STRENGTH**

**AFFECT**  
**CONTENT**  
**MOVEMENT**  
**ORGANIZE**  
**RECOVERY**  
**SLEEP**  
**SOUND**  
**SUNLIGHT**

# Selfcare Word Search

## Puzzle-Solution 126

S	M	K	M	U	J	R	C	O	N	T	E	N	T	L	K
Z	A	V	Z	B	S	R	E	T	N	B	E	T	U	R	U
A	Q	F	Q	W	L	A	N	C	W	O	P	Z	U	A	G
C	E	C	E	I	V	E	F	B	O	R	G	G	R	L	O
C	V	A	H	T	M	O	S	V	H	V	B	N	G	I	R
E	C	Q	W	E	Y	D	T	P	Z	A	E	W	V	G	G
P	Z	L	V	S	V	M	R	A	A	J	B	R	C	N	A
T	N	O	L	K	V	G	E	T	F	V	L	I	Y	M	N
A	M	U	U	P	M	S	N	I	F	W	V	A	T	E	I
N	S	T	T	C	X	E	G	E	E	X	S	B	S	N	Z
C	D	P	G	R	S	G	T	N	C	Q	Y	L	E	T	E
E	F	U	O	G	I	M	H	C	T	W	L	H	E	E	U
L	J	R	Y	O	R	T	R	E	L	A	T	X	X	E	D
X	S	O	U	N	D	X	I	J	R	O	A	N	Q	W	P
S	U	N	L	I	G	H	T	O	O	O	T	P	Q	C	V
T	B	M	V	R	X	Y	Y	S	N	N	M	H	P	Z	N

**ACCEPTANCE**  
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