

Selfcare Word Search

Puzzle 129

F	N	J	J	L	Y	N	M	C	A	R	E	T	T	M	H
Z	U	A	I	J	X	P	R	K	U	U	N	B	Z	E	K
L	Z	W	P	A	O	R	L	U	Z	E	A	S	I	L	C
W	L	H	Y	T	Q	U	O	Y	M	T	P	U	J	O	O
F	V	O	N	T	U	T	R	E	Q	C	P	M	K	D	N
R	I	L	D	E	D	G	V	N	A	Z	R	L	E	Y	N
E	Z	E	U	N	E	O	J	I	A	N	E	F	C	T	E
S	V	S	Z	T	M	L	C	D	S	L	C	T	I	N	C
T	W	O	W	I	G	I	T	K	W	U	I	O	O	F	T
O	I	M	E	O	G	I	O	L	T	H	A	I	Y	Z	I
R	G	E	Z	N	U	V	U	C	H	W	T	L	V	Q	O
E	M	P	A	T	H	Y	U	K	E	C	I	L	I	L	N
P	Y	X	E	X	H	A	L	E	E	A	O	Z	S	Z	Z
B	Y	J	J	R	S	X	A	R	B	S	N	U	K	R	E
E	Q	E	G	V	P	I	I	X	Q	Q	Q	L	A	A	N
P	R	S	N	Z	Y	D	S	C	E	N	T	X	B	C	G

**APPRECIATION
CARE
DIRECTION
EXHALE
MELODY
NAP
RESTORE
VISUALIZE**

**ATTENTION
CONNECTION
EMPATHY
JOURNAL
MOVEMENT
OCEAN
SCENT
WHOLESOME**

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Puzzle-Solution 129

F	N	J	J	L	Y	N	M	C	A	R	E	T	T	M	H
Z	U	A	I	J	X	P	R	K	U	U	N	B	Z	E	K
L	Z	W	P	A	O	R	L	U	Z	E	A	S	I	L	C
W	L	H	Y	T	Q	U	O	Y	M	T	P	U	J	O	O
F	V	O	N	T	U	T	R	E	Q	C	P	M	K	D	N
R	I	L	D	E	D	G	V	N	A	Z	R	L	E	Y	N
E	Z	E	U	N	E	O	J	I	A	N	E	F	C	T	E
S	V	S	Z	T	M	L	C	D	S	L	C	T	I	N	C
T	W	O	W	I	G	I	T	K	W	U	I	O	O	F	T
O	I	M	E	O	G	I	O	L	T	H	A	I	Y	Z	I
R	G	E	Z	N	U	V	U	C	H	W	T	L	V	Q	O
E	M	P	A	T	H	Y	U	K	E	C	I	L	I	L	N
P	Y	X	E	X	H	A	L	E	E	A	O	Z	S	Z	Z
B	Y	J	J	R	S	X	A	R	B	S	N	U	K	R	E
E	Q	E	G	V	P	I	I	X	Q	Q	Q	L	A	A	N
P	R	S	N	Z	Y	D	S	C	E	N	T	X	B	C	G

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