

Selfcare Word Search

Puzzle 130

Z	T	C	S	E	X	P	R	E	S	S	I	O	N	V	C
R	S	T	A	O	N	H	A	H	W	E	O	R	D	E	R
E	T	A	I	I	A	C	I	D	C	G	L	D	R	N	N
L	R	Q	I	H	H	K	A	D	H	R	H	U	H	T	Q
A	A	Y	O	V	T	H	G	N	P	G	S	Z	C	H	D
X	I	M	C	J	T	K	Y	Q	D	A	I	C	P	A	S
A	N	F	B	A	L	A	N	C	E	L	G	O	L	N	E
T	Y	C	X	D	C	W	H	L	F	Q	E	N	U	K	Y
I	C	G	L	D	G	X	P	V	E	D	R	T	D	F	Q
O	T	P	A	D	Q	U	I	E	T	E	S	E	U	U	V
N	W	M	D	H	Y	D	R	A	T	I	O	N	S	L	S
H	V	F	U	O	S	A	A	N	Y	W	E	T	B	T	H
O	R	E	S	I	L	I	E	N	C	E	P	M	F	O	N
P	I	M	J	U	R	S	X	B	J	D	J	E	P	X	H
V	E	L	F	U	A	R	F	P	B	D	O	N	W	F	X
D	J	J	A	E	V	P	W	G	V	T	Y	T	F	X	F

**BALANCE
CONTENTMENT
EXPRESSION
JOY
PLEASURE
RELAXATION
REST
STRAIN**

**CANDLE
EASE
HYDRATION
ORDER
QUIET
RESILIENCE
SOAK
THANKFUL**

Selfcare Word Search

Puzzle-Solution 130

Z	T	C	S	E	X	P	R	E	S	S	I	O	N	V	C
R	S	T	A	O	N	H	A	H	W	E	O	R	D	E	R
E	T	A	I	I	A	C	I	D	C	G	L	D	R	N	N
L	R	Q	I	H	H	K	A	D	H	R	H	U	H	T	Q
A	A	Y	O	V	T	H	G	N	P	G	S	Z	C	H	D
X	I	M	C	J	T	K	Y	Q	D	A	I	C	P	A	S
A	N	F	B	A	L	A	N	C	E	L	G	O	L	N	E
T	Y	C	X	D	C	W	H	L	F	Q	E	N	U	K	Y
I	C	G	L	D	G	X	P	V	E	D	R	T	D	F	Q
O	T	P	A	D	Q	U	I	E	T	E	S	E	U	U	V
N	W	M	D	H	Y	D	R	A	T	I	O	N	S	L	S
H	V	F	U	O	S	A	A	N	Y	W	E	T	B	T	H
O	R	E	S	I	L	I	E	N	C	E	P	M	F	O	N
P	I	M	J	U	R	S	X	B	J	D	J	E	P	X	H
V	E	L	F	U	A	R	F	P	B	D	O	N	W	F	X
D	J	J	A	E	V	P	W	G	V	T	Y	T	F	X	F

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