

# Selfcare Word Search

## Puzzle 135

Y	A	Q	Y	Y	S	N	T	M	A	N	T	R	A	Z	L
W	E	C	B	P	V	D	K	E	Y	E	R	K	Y	W	A
Y	C	S	C	I	U	C	F	L	R	B	K	A	S	H	L
P	O	H	A	E	Y	M	I	O	Z	T	K	H	O	W	I
F	R	F	G	T	P	F	T	D	D	T	S	K	J	P	G
D	E	I	W	Q	T	T	K	Y	P	S	B	S	B	A	N
U	L	F	T	N	B	E	A	E	E	E	C	E	A	T	M
M	I	R	S	G	C	J	N	N	N	D	Z	R	L	I	E
D	E	R	D	C	D	I	L	T	C	Z	Z	E	A	E	N
P	F	T	L	O	T	U	D	D	I	E	D	N	N	N	T
N	G	A	I	U	F	J	N	Q	H	O	O	I	C	C	J
D	O	K	O	D	N	O	G	P	U	J	N	T	E	E	O
G	A	R	N	Q	B	H	T	N	J	F	V	Y	Y	V	O
F	W	I	N	M	E	D	I	T	A	T	I	O	N	U	D
D	M	A	E	J	S	U	N	L	I	G	H	T	Y	K	Z
X	W	Y	W	J	M	D	G	D	B	U	R	N	O	U	T

**ACCEPTANCE**  
**ATTENTION**  
**BOND**  
**GOAL**  
**MEDITATION**  
**MINDFULNESS**  
**RELIEF**  
**SERENITY**

**ALIGNMENT**  
**BALANCE**  
**BURNOUT**  
**MANTRA**  
**MELODY**  
**PATIENCE**  
**ROUTINE**  
**SUNLIGHT**

# Selfcare Word Search

## Puzzle-Solution 135

Y	A	Q	Y	Y	S	N	T	M	A	N	T	R	A	Z	L
W	E	C	B	P	V	D	K	E	Y	E	R	K	Y	W	A
Y	C	S	C	I	U	C	F	L	R	B	K	A	S	H	L
P	O	H	A	E	Y	M	I	O	Z	T	K	H	O	W	I
F	R	F	G	T	P	F	T	D	D	T	S	K	J	P	G
D	E	I	W	Q	T	T	K	Y	P	S	B	S	B	A	N
U	L	F	T	N	B	E	A	E	E	E	C	E	A	T	M
M	I	R	S	G	C	J	N	N	N	D	Z	R	L	I	E
D	E	R	D	C	D	I	L	T	C	Z	Z	E	A	E	N
P	F	T	L	O	T	U	D	D	I	E	D	N	N	N	T
N	G	A	I	U	F	J	N	Q	H	O	O	I	C	C	J
D	O	K	O	D	N	O	G	P	U	J	N	T	E	E	O
G	A	R	N	Q	B	H	T	N	J	F	V	Y	Y	V	O
F	W	I	N	M	E	D	I	T	A	T	I	O	N	U	D
D	M	A	E	J	S	U	N	L	I	G	H	T	Y	K	Z
X	W	Y	W	J	M	D	G	D	B	U	R	N	O	U	T

**ACCEPTANCE**  
**ATTENTION**  
**BOND**  
**GOAL**  
**MEDITATION**  
**MINDFULNESS**  
**RELIEF**  
**SERENITY**

**ALIGNMENT**  
**BALANCE**  
**BURNOUT**  
**MANTRA**  
**MELODY**  
**PATIENCE**  
**ROUTINE**  
**SUNLIGHT**