

# Selfcare Word Search

## Puzzle 138

R	D	E	Z	X	H	N	O	S	E	R	E	N	I	T	Y
E	J	A	J	W	A	O	D	T	T	X	U	C	G	L	Z
K	J	O	D	T	R	U	O	L	S	U	P	P	O	R	T
S	X	L	Z	R	M	R	W	C	O	U	R	A	G	E	O
U	C	F	S	T	O	I	T	S	D	X	V	L	U	L	Y
N	S	O	B	G	N	S	A	A	A	U	W	G	I	T	D
L	H	U	N	O	Y	H	N	T	N	S	I	M	I	G	L
I	Y	N	P	T	T	N	X	I	E	T	W	C	S	Q	Q
G	C	D	A	C	E	W	I	S	A	N	I	S	U	M	W
H	T	A	Q	U	S	N	E	F	K	L	E	X	Q	G	K
T	W	T	A	J	O	U	T	Y	P	N	O	W	C	F	P
W	O	I	Z	Y	A	L	Y	M	M	W	K	R	F	X	Q
J	I	O	Q	D	F	I	I	L	F	H	B	S	D	E	A
H	S	N	W	C	C	S	A	C	F	D	Z	Q	M	E	U
G	B	U	S	I	H	C	D	L	V	G	O	A	L	F	R
K	C	Z	O	R	E	S	T	O	R	E	S	M	K	F	E

**ANXIETY  
CONTENT  
FATIGUE  
GOAL  
NOURISH  
RESTORE  
SERENITY  
SUNLIGHT**

**CALMNESS  
COURAGE  
FOUNDATION  
HARMONY  
ORDER  
SATISFY  
SIMPLICITY  
SUPPORT**

# Selfcare Word Search

## Puzzle-Solution 138

R	D	E	Z	X	H	N	O	S	E	R	E	N	I	T	Y
E	J	A	J	W	A	O	D	T	T	X	U	C	G	L	Z
K	J	O	D	T	R	U	O	L	S	U	P	P	O	R	T
S	X	L	Z	R	M	R	W	C	O	U	R	A	G	E	O
U	C	F	S	T	O	I	T	S	D	X	V	L	U	L	Y
N	S	O	B	G	N	S	A	A	A	U	W	G	I	T	D
L	H	U	N	O	Y	H	N	T	N	S	I	M	I	G	L
I	Y	N	P	T	T	N	X	I	E	T	W	C	S	Q	Q
G	C	D	A	C	E	W	I	S	A	N	I	S	U	M	W
H	T	A	Q	U	S	N	E	F	K	L	E	X	Q	G	K
T	W	T	A	J	O	U	T	Y	P	N	O	W	C	F	P
W	O	I	Z	Y	A	L	Y	M	M	W	K	R	F	X	Q
J	I	O	Q	D	F	I	I	L	F	H	B	S	D	E	A
H	S	N	W	C	C	S	A	C	F	D	Z	Q	M	E	U
G	B	U	S	I	H	C	D	L	V	G	O	A	L	F	R
K	C	Z	O	R	E	S	T	O	R	E	S	M	K	F	E

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