

Selfcare Word Search

Puzzle 145

L	S	K	J	P	P	G	M	X	A	G	R	R	L	H	E
I	E	H	C	P	D	E	K	A	X	D	O	G	K	T	L
G	R	C	J	I	X	N	H	J	L	W	W	Z	O	Z	Z
H	V	Q	V	G	U	T	W	A	C	O	U	R	A	G	E
T	S	S	C	Q	A	L	Y	B	R	Y	H	Q	C	I	U
N	T	T	D	C	B	E	M	O	G	M	K	O	U	Y	W
E	R	R	P	G	H	N	B	C	W	R	O	O	C	R	E
S	E	E	I	G	M	E	F	S	E	H	J	N	P	E	L
S	N	T	X	T	A	S	H	S	T	N	E	S	Y	L	L
Q	G	C	T	J	U	S	U	J	E	T	B	L	X	I	N
E	T	H	M	E	P	A	V	A	S	M	S	R	F	E	E
V	H	S	Y	Q	P	P	L	I	C	K	O	B	U	F	S
I	N	H	A	L	E	B	S	R	Q	H	W	T	T	I	S
Z	U	R	X	O	Q	N	E	Y	L	G	B	F	I	C	V
A	R	T	S	D	O	F	O	U	N	D	A	T	I	O	N
L	N	H	F	C	U	U	F	M	I	N	I	M	A	L	N

ART
COURAGE
FOUNDATION
HARMONY
LIGHTNESS
PAUSE
RITUAL
STRETCH

CONSISTENCY
EMOTION
GENTLENESS
INHALE
MINIMAL
RELIEF
STRENGTH
WELLNESS

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Puzzle-Solution 145

L	S	K	J	P	P	G	M	X	A	G	R	R	L	H	E
I	E	H	C	P	D	E	K	A	X	D	O	G	K	T	L
G	R	C	J	I	X	N	H	J	L	W	W	Z	O	Z	Z
H	V	Q	V	G	U	T	W	A	C	O	U	R	A	G	E
T	S	S	C	Q	A	L	Y	B	R	Y	H	Q	C	I	U
N	T	T	D	C	B	E	M	O	G	M	K	O	U	Y	W
E	R	R	P	G	H	N	B	C	W	R	O	O	C	R	E
S	E	E	I	G	M	E	F	S	E	H	J	N	P	E	L
S	N	T	X	T	A	S	H	S	T	N	E	S	Y	L	L
Q	G	C	T	J	U	S	U	J	E	T	B	L	X	I	N
E	T	H	M	E	P	A	V	A	S	M	S	R	F	E	E
V	H	S	Y	Q	P	P	L	I	C	K	O	B	U	F	S
I	N	H	A	L	E	B	S	R	Q	H	W	T	T	I	S
Z	U	R	X	O	Q	N	E	Y	L	G	B	F	I	C	V
A	R	T	S	D	O	F	O	U	N	D	A	T	I	O	N
L	N	H	F	C	U	U	F	M	I	N	I	M	A	L	N

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