

Selfcare Word Search

Puzzle 148

X	S	T	E	A	D	I	N	E	S	S	P	K	J	R	S
L	S	D	Y	M	A	N	X	I	E	T	Y	S	Z	G	C
T	E	L	O	B	E	Y	T	L	G	X	Q	I	S	L	Q
J	I	S	I	M	P	L	I	C	I	T	Y	A	A	B	N
P	N	L	J	T	T	S	O	A	K	B	W	U	E	H	U
C	R	G	S	Q	I	V	T	D	H	M	T	U	R	V	N
P	S	E	K	Y	M	G	T	N	Y	I	H	G	R	Z	T
G	R	T	S	A	E	M	P	T	R	D	T	E	E	A	P
C	O	N	T	E	N	T	Q	U	I	E	T	A	F	C	W
A	P	C	H	U	N	Q	A	J	W	H	U	S	L	L	T
P	H	W	M	P	B	C	R	S	G	F	T	E	E	A	P
V	E	Z	V	A	W	Y	E	I	D	F	D	O	C	R	F
Q	H	G	U	I	V	B	L	S	O	R	X	W	T	I	X
Z	I	L	E	N	Y	N	R	X	L	K	D	C	I	T	K
A	F	R	Z	T	U	J	S	M	T	B	M	D	O	Y	T
U	Q	A	Z	S	Z	G	Q	P	I	Z	R	Q	N	O	W

**ANXIETY
CONTENT
MELODY
PRESENCE
REFLECTION
RITUAL
SOAK
SUNLIGHT**

**CLARITY
EASE
PAINT
QUIET
REST
SIMPLICITY
STEADINESS
TIME**

Selfcare Word Search

Puzzle-Solution 148

X	S	T	E	A	D	I	N	E	S	S	P	K	J	R	S
L	S	D	Y	M	A	N	X	I	E	T	Y	S	Z	G	C
T	E	L	O	B	E	Y	T	L	G	X	Q	I	S	L	Q
J	I	S	I	M	P	L	I	C	I	T	Y	A	A	B	N
P	N	L	J	T	T	S	O	A	K	B	W	U	E	H	U
C	R	G	S	Q	I	V	T	D	H	M	T	U	R	V	N
P	S	E	K	Y	M	G	T	N	Y	I	H	G	R	Z	T
G	R	T	S	A	E	M	P	T	R	D	T	E	E	A	P
C	O	N	T	E	N	T	Q	U	I	E	T	A	F	C	W
A	P	C	H	U	N	Q	A	J	W	H	U	S	L	L	T
P	H	W	M	P	B	C	R	S	G	F	T	E	E	A	P
V	E	Z	V	A	W	Y	E	I	D	F	D	O	C	R	F
Q	H	G	U	I	V	B	L	S	O	R	X	W	T	I	X
Z	I	L	E	N	Y	N	R	X	L	K	D	C	I	T	K
A	F	R	Z	T	U	J	S	M	T	B	M	D	O	Y	T
U	Q	A	Z	S	Z	G	Q	P	I	Z	R	Q	N	O	W

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