

# Selfcare Word Search

## Puzzle 157

R	E	F	L	E	C	T	I	O	N	A	M	W	F	D	Z
V	A	S	L	U	M	B	E	R	W	C	V	A	T	K	L
C	O	U	R	A	G	E	T	T	N	C	E	T	Z	N	I
S	P	U	E	J	T	H	M	O	D	E	V	E	A	T	E
H	F	V	Q	M	G	U	I	C	M	P	K	R	B	Q	Q
M	B	W	A	I	N	T	P	O	E	T	S	X	A	N	D
T	K	E	L	N	A	M	I	N	L	A	M	V	L	R	L
D	G	N	N	D	Q	N	H	T	O	N	J	P	I	A	T
P	U	H	N	F	E	V	Y	E	D	C	N	E	U	F	I
S	R	U	G	U	R	C	A	N	Y	E	V	T	P	Q	Z
I	O	S	E	L	V	E	U	T	Y	T	I	F	W	Y	X
F	R	O	O	N	X	P	F	M	F	R	F	P	A	Z	R
T	C	U	W	E	U	W	Z	R	I	N	H	A	L	E	A
T	R	N	D	S	I	R	D	A	E	F	A	R	B	M	X
Q	Q	D	S	S	C	O	N	Y	Z	S	W	B	V	Y	N
T	R	E	L	A	X	A	T	I	O	N	H	Z	W	R	C

**ACCEPTANCE  
CONTENT  
FOUNDATION  
MELODY  
REFLECTION  
RELAXATION  
SLUMBER  
SUNLIGHT**

**ART  
COURAGE  
INHALE  
MINDFULNESS  
REFRESH  
RITUAL  
SOUND  
WATER**

# Selfcare Word Search

## Puzzle-Solution 157

R	E	F	L	E	C	T	I	O	N	A	M	W	F	D	Z
V	A	S	L	U	M	B	E	R	W	C	V	A	T	K	L
C	O	U	R	A	G	E	T	T	N	C	E	T	Z	N	I
S	P	U	E	J	T	H	M	O	D	E	V	E	A	T	E
H	F	V	Q	M	G	U	I	C	M	P	K	R	B	Q	Q
M	B	W	A	I	N	T	P	O	E	T	S	X	A	N	D
T	K	E	L	N	A	M	I	N	L	A	M	V	L	R	L
D	G	N	N	D	Q	N	H	T	O	N	J	P	I	A	T
P	U	H	N	F	E	V	Y	E	D	C	N	E	U	F	I
S	R	U	G	U	R	C	A	N	Y	E	V	T	P	Q	Z
I	O	S	E	L	V	E	U	T	Y	T	I	F	W	Y	X
F	R	O	O	N	X	P	F	M	F	R	F	P	A	Z	R
T	C	U	W	E	U	W	Z	R	I	N	H	A	L	E	A
T	R	N	D	S	I	R	D	A	E	F	A	R	B	M	X
Q	Q	D	S	S	C	O	N	Y	Z	S	W	B	V	Y	N
T	R	E	L	A	X	A	T	I	O	N	H	Z	W	R	C

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