

# Selfcare Word Search

## Puzzle 159

N	N	P	T	P	D	P	U	R	P	O	S	E	F	L	G
U	B	R	I	Z	J	O	J	Q	Z	D	N	A	S	U	N
T	A	A	O	L	I	J	C	K	D	C	M	S	T	X	J
R	R	E	T	U	S	W	S	C	E	X	N	E	I	R	E
I	C	Z	I	H	T	R	F	S	H	O	M	A	L	E	Q
T	I	B	M	N	O	I	W	A	I	U	Z	F	L	C	K
I	N	F	E	H	S	H	N	S	L	N	Z	F	N	H	P
O	L	Y	C	I	V	I	S	E	Y	K	V	E	E	A	K
N	P	N	H	F	Z	E	G	S	Z	Q	G	C	S	R	C
S	A	P	H	E	R	C	G	H	B	Z	N	T	S	G	D
J	T	W	L	P	I	P	U	O	T	U	D	P	O	E	L
N	L	R	X	A	K	W	E	L	L	N	E	S	S	P	E
E	P	E	E	B	N	C	R	E	A	T	I	V	I	T	Y
N	E	D	R	S	Y	N	B	S	L	O	W	D	O	W	N
A	S	B	W	X	S	L	E	U	C	T	V	H	F	W	V
W	E	S	F	G	Q	R	B	R	E	J	X	V	V	A	K

**AFFECT  
BATH  
EASE  
INSIGHT  
PLANNER  
RECHARGE  
SLOWDOWN  
STRESS**

**ANCHOR  
CREATIVITY  
EXPRESSION  
NUTRITION  
PURPOSE  
ROUTINE  
STILLNESS  
WELLNESS**

# Selfcare Word Search

## Puzzle-Solution 159

<b>N</b>	N	P	T	P	D	<b>P</b>	<b>U</b>	<b>R</b>	<b>P</b>	<b>O</b>	<b>S</b>	<b>E</b>	F	L	G
<b>U</b>	<b>B</b>	<b>R</b>	I	Z	J	O	J	Q	Z	D	N	<b>A</b>	<b>S</b>	U	N
<b>T</b>	A	<b>A</b>	O	L	I	J	C	K	D	C	M	<b>S</b>	<b>T</b>	X	J
<b>R</b>	R	E	<b>T</b>	<b>U</b>	S	W	S	C	E	X	<b>N</b>	<b>E</b>	<b>I</b>	<b>R</b>	E
<b>I</b>	C	Z	<b>I</b>	<b>H</b>	<b>T</b>	<b>R</b>	F	S	H	O	M	<b>A</b>	<b>L</b>	<b>E</b>	Q
<b>T</b>	I	B	M	<b>N</b>	<b>O</b>	<b>I</b>	W	A	<b>I</b>	U	Z	<b>F</b>	<b>L</b>	<b>C</b>	K
<b>I</b>	N	F	E	<b>H</b>	<b>S</b>	H	<b>N</b>	<b>S</b>	L	N	Z	<b>F</b>	<b>N</b>	<b>H</b>	P
<b>O</b>	L	Y	<b>C</b>	I	V	<b>I</b>	<b>S</b>	<b>E</b>	Y	K	V	<b>E</b>	<b>E</b>	<b>A</b>	K
<b>N</b>	P	<b>N</b>	H	F	Z	<b>E</b>	<b>G</b>	S	Z	Q	G	<b>C</b>	<b>S</b>	<b>R</b>	C
<b>S</b>	<b>A</b>	<b>P</b>	H	E	<b>R</b>	C	G	<b>H</b>	B	Z	N	<b>T</b>	<b>S</b>	<b>G</b>	D
J	<b>T</b>	W	<b>L</b>	<b>P</b>	I	P	U	O	<b>T</b>	U	D	P	O	<b>E</b>	L
N	L	<b>R</b>	<b>X</b>	<b>A</b>	K	<b>W</b>	<b>E</b>	<b>L</b>	<b>L</b>	<b>N</b>	<b>E</b>	<b>S</b>	<b>S</b>	P	E
E	P	<b>E</b>	<b>E</b>	B	<b>N</b>	<b>C</b>	<b>R</b>	<b>E</b>	<b>A</b>	<b>T</b>	<b>I</b>	<b>V</b>	<b>I</b>	<b>T</b>	<b>Y</b>
N	E	D	R	<b>S</b>	Y	<b>N</b>	B	<b>S</b>	<b>L</b>	<b>O</b>	<b>W</b>	<b>D</b>	<b>O</b>	<b>W</b>	<b>N</b>
A	S	B	W	X	<b>S</b>	L	<b>E</b>	U	C	T	V	H	F	W	V
W	E	S	F	G	Q	R	B	<b>R</b>	E	J	X	V	V	A	K

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