

Selfcare Word Search

Puzzle 160

A	V	G	H	N	R	Y	L	G	X	X	H	T	M	H	G
Z	K	J	A	V	I	H	O	Y	M	O	O	D	A	Z	L
P	G	B	G	R	S	T	K	R	R	V	X	Q	N	F	A
X	M	J	H	S	D	Y	J	E	D	E	C	P	T	K	N
X	U	W	O	U	X	E	P	X	Z	E	F	O	R	F	X
F	A	T	I	G	U	E	N	C	J	K	R	S	A	O	I
H	H	A	P	P	R	E	C	I	A	T	I	O	N	R	E
Q	Y	N	A	F	F	I	R	M	A	T	I	O	N	G	T
I	D	T	E	F	R	W	A	R	M	T	H	N	N	I	Y
X	R	L	S	V	F	E	D	N	Y	W	R	G	R	V	Y
G	A	I	G	N	Y	N	C	D	Q	E	S	X	I	E	Q
C	T	M	Z	O	N	K	O	O	T	Q	A	S	R	N	O
R	I	I	E	W	T	L	Q	N	V	L	E	S	X	E	A
A	O	T	T	U	E	H	E	I	E	E	G	R	B	S	W
F	N	G	P	M	J	C	K	R	R	V	R	R	S	S	V
P	S	A	F	Y	J	Z	I	Y	W	J	T	Y	K	I	M

AFFIRMATION
APPRECIATION
FATIGUE
GARDEN
LIMIT
MELODY
ORDER
RELAX

ANXIETY
CENTER
FORGIVENESS
HYDRATION
MANTRA
MOOD
RECOVERY
WARMTH

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Puzzle-Solution 160

A	V	G	H	N	R	Y	L	G	X	X	H	T	M	H	G
Z	K	J	A	V	I	H	O	Y	M	O	O	D	A	Z	L
P	G	B	G	R	S	T	K	R	R	V	X	Q	N	F	A
X	M	J	H	S	D	Y	J	E	D	E	C	P	T	K	N
X	U	W	O	U	X	E	P	X	Z	E	F	O	R	F	X
F	A	T	I	G	U	E	N	C	J	K	R	S	A	O	I
H	H	A	P	P	R	E	C	I	A	T	I	O	N	R	E
Q	Y	N	A	F	F	I	R	M	A	T	I	O	N	G	T
I	D	T	E	F	R	W	A	R	M	T	H	N	N	I	Y
X	R	L	S	V	F	E	D	N	Y	W	R	G	R	V	Y
G	A	I	G	N	Y	N	C	D	Q	E	S	X	I	E	Q
C	T	M	Z	O	N	K	O	O	T	Q	A	S	R	N	O
R	I	I	E	W	T	L	Q	N	V	L	E	S	X	E	A
A	O	T	T	U	E	H	E	I	E	E	G	R	B	S	W
F	N	G	P	M	J	C	K	R	R	V	R	R	S	S	V
P	S	A	F	Y	J	Z	I	Y	W	J	T	Y	K	I	M

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