

Selfcare Word Search

Puzzle 161

S	V	P	W	A	Q	X	G	C	E	B	E	V	I	E	D
N	K	I	K	H	D	L	O	A	L	M	O	J	K	D	Z
U	U	J	J	K	D	I	H	Y	R	A	P	R	C	L	Y
T	S	E	O	V	R	K	R	E	B	D	R	A	W	E	Z
R	I	V	U	K	O	W	S	E	R	E	E	I	T	U	H
I	S	R	R	K	I	B	K	I	C	L	D	N	T	H	C
T	T	L	N	N	A	R	C	N	L	T	X	T	H	Y	Y
I	R	I	A	G	D	N	X	W	M	A	I	I	I	G	X
O	U	G	L	R	H	P	W	A	L	R	I	O	F	M	L
N	C	H	L	U	U	N	D	E	R	S	T	A	N	D	E
B	T	T	C	O	E	B	R	Z	T	W	T	L	I	B	H
Y	U	N	H	F	W	R	M	I	B	A	L	A	N	C	E
K	R	E	P	N	J	E	B	N	W	O	R	R	Y	A	C
R	E	S	G	U	K	A	Q	U	E	B	R	Y	G	C	W
Q	O	S	I	E	H	T	I	Q	Z	S	M	Z	G	Y	V
V	Y	N	J	A	Z	H	M	C	W	M	E	L	O	D	Y

**BALANCE
BREATH
DIRECTION
GARDEN
JOURNAL
MELODY
RELAX
UNDERSTAND**

**BEDTIME
CLARITY
EMPATHY
HABIT
LIGHTNESS
NUTRITION
STRUCTURE
WORRY**

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Puzzle-Solution 161

S	V	P	W	A	Q	X	G	C	E	B	E	V	I	E	D
N	K	I	K	H	D	L	O	A	L	M	O	J	K	D	Z
U	U	J	J	K	D	I	H	Y	R	A	P	R	C	L	Y
T	S	E	O	V	R	K	R	E	B	D	R	A	W	E	Z
R	I	V	U	K	O	W	S	E	R	E	E	I	T	U	H
I	S	R	R	K	I	B	K	I	C	L	D	N	T	H	C
T	T	L	N	N	A	R	C	N	L	T	X	T	H	Y	Y
I	R	I	A	G	D	N	X	W	M	A	I	I	I	G	X
O	U	G	L	R	H	P	W	A	L	R	I	O	F	M	L
N	C	H	L	U	U	N	D	E	R	S	T	A	N	D	E
B	T	T	C	O	E	B	R	Z	T	W	T	L	I	B	H
Y	U	N	H	F	W	R	M	I	B	A	L	A	N	C	E
K	R	E	P	N	J	E	B	N	W	O	R	R	Y	A	C
R	E	S	G	U	K	A	Q	U	E	B	R	Y	G	C	W
Q	O	S	I	E	H	T	I	Q	Z	S	M	Z	G	Y	V
V	Y	N	J	A	Z	H	M	C	W	M	E	L	O	D	Y

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