

Selfcare Word Search

Puzzle 167

M	E	S	E	R	E	N	I	T	Y	P	D	G	Q	P	Z
H	O	F	E	Q	Z	U	M	A	W	L	E	R	K	O	J
Y	Q	B	G	L	C	O	M	F	O	R	T	A	C	N	O
A	B	J	I	A	L	I	G	N	M	E	N	T	C	C	Y
Q	W	U	S	L	B	O	I	H	X	S	X	S	T	E	B
T	O	N	F	L	I	Q	H	S	A	R	S	S	K	L	E
N	R	W	Z	N	O	T	E	L	E	E	I	C	S	E	M
S	G	R	Y	G	C	J	Y	H	N	L	G	U	G	A	A
P	A	S	A	F	E	T	Y	L	K	L	N	R	S	T	V
F	N	W	O	O	O	W	U	C	A	E	A	E	O	F	K
A	I	C	L	A	W	F	E	U	J	H	Q	F	U	C	P
T	Z	R	M	W	D	H	T	O	C	V	K	R	N	L	S
I	E	B	X	N	C	I	I	E	D	S	I	E	D	O	H
G	W	W	I	X	R	B	R	E	Z	X	X	S	C	E	D
U	F	M	Q	O	X	X	I	O	Y	L	R	H	M	M	I
E	Q	U	I	E	T	E	U	H	Q	L	I	N	J	D	K

**ALIGNMENT
COMFORT
JOY
MOBILITY
PEACE
RECHARGE
RITUAL
SERENITY**

**CHECKLIST
FATIGUE
MINDFULNESS
ORGANIZE
QUIET
REFRESH
SAFETY
SOUND**

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Puzzle-Solution 167

M	E	S	E	R	E	N	I	T	Y	P	D	G	Q	P	Z
H	O	F	E	Q	Z	U	M	A	W	L	E	R	K	O	J
Y	Q	B	G	L	C	O	M	F	O	R	T	A	C	N	O
A	B	J	I	A	L	I	G	N	M	E	N	T	C	C	Y
Q	W	U	S	L	B	O	I	H	X	S	X	S	T	E	B
T	O	N	F	L	I	Q	H	S	A	R	S	S	K	L	E
N	R	W	Z	N	O	T	E	L	E	E	I	C	S	E	M
S	G	R	Y	G	C	J	Y	H	N	L	G	U	G	A	A
P	A	S	A	F	E	T	Y	L	K	L	N	R	S	T	V
F	N	W	O	O	O	W	U	C	A	E	A	E	O	F	K
A	I	C	L	A	W	F	E	U	J	H	Q	F	U	C	P
T	Z	R	M	W	D	H	T	O	C	V	K	R	N	L	S
I	E	B	X	N	C	I	I	E	D	S	I	E	D	O	H
G	W	W	I	X	R	B	R	E	Z	X	X	S	C	E	D
U	F	M	Q	O	X	X	I	O	Y	L	R	H	M	M	I
E	Q	U	I	E	T	E	U	H	Q	L	I	N	J	D	K

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