

Selfcare Word Search

Puzzle 168

S	T	E	A	D	I	N	E	S	S	F	B	L	V	H	H
E	T	S	S	Q	A	L	V	X	C	G	D	R	Q	J	T
C	A	W	X	M	Z	E	C	A	H	F	K	H	S	H	Y
B	U	T	Z	H	U	X	H	P	E	E	I	Y	C	O	C
C	A	N	O	U	A	I	T	C	D	B	N	T	O	X	O
P	M	S	B	F	Q	Y	B	C	U	R	D	H	V	K	N
I	B	B	E	O	O	Q	B	G	L	P	N	M	Y	B	N
P	I	A	A	R	S	R	V	M	E	Y	E	K	F	N	E
X	E	L	C	T	E	I	E	V	D	G	S	P	O	S	C
X	N	O	H	R	E	C	L	S	O	F	S	I	Q	J	T
I	C	S	C	Y	L	N	O	E	T	T	T	X	T	G	I
R	E	H	U	J	S	H	S	V	N	N	S	X	P	P	O
S	O	F	T	N	E	S	S	I	E	C	O	Q	E	E	N
S	L	O	W	D	O	W	N	T	O	R	E	I	R	V	K
D	A	Q	X	U	L	V	T	W	W	N	Y	A	I	J	L
A	Z	V	I	S	U	A	L	I	Z	E	C	A	X	R	X

**AMBIENCE
BEACH
CONNECTION
KINDNESS
RHYTHM
SILENCE
SOFTNESS
TENSION**

**ATTENTION
CARE
FOREST
RECOVERY
SCHEDULE
SLOWDOWN
STEADINESS
VISUALIZE**

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Puzzle-Solution 168

S	T	E	A	D	I	N	E	S	S	F	B	L	V	H	H
E	T	S	S	Q	A	L	V	X	C	G	D	R	Q	J	T
C	A	W	X	M	Z	E	C	A	H	F	K	H	S	H	Y
B	U	T	Z	H	U	X	H	P	E	E	I	Y	C	O	C
C	A	N	O	U	A	I	T	C	D	B	N	T	O	X	O
P	M	S	B	F	Q	Y	B	C	U	R	D	H	V	K	N
I	B	B	E	O	O	Q	B	G	L	P	N	M	Y	B	N
P	I	A	A	R	S	R	V	M	E	Y	E	K	F	N	E
X	E	L	C	T	E	I	E	V	D	G	S	P	O	S	C
X	N	O	H	R	E	C	L	S	O	F	S	I	Q	J	T
I	C	S	C	Y	L	N	O	E	T	T	T	X	T	G	I
R	E	H	U	J	S	H	S	V	N	N	S	X	P	P	O
S	O	F	T	N	E	S	S	I	E	C	O	Q	E	E	N
S	L	O	W	D	O	W	N	T	O	R	E	I	R	V	K
D	A	Q	X	U	L	V	T	W	W	N	Y	A	I	J	L
A	Z	V	I	S	U	A	L	I	Z	E	C	A	X	R	X

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