

Selfcare Word Search

Puzzle 172

W	V	P	B	X	S	E	X	T	X	I	N	N	E	O	B
A	G	T	W	E	C	T	U	Y	B	A	O	R	C	I	J
H	R	A	E	N	R	O	R	E	F	I	X	E	T	K	G
Z	W	T	E	N	N	A	D	E	T	H	N	F	C	L	R
D	Y	L	A	R	D	M	G	A	N	A	C	R	O	G	O
Q	I	K	U	N	L	E	X	L	D	G	P	E	M	H	U
S	K	B	U	C	L	A	R	I	T	Y	T	S	P	Y	N
Z	G	O	U	I	L	E	K	N	G	E	T	H	A	D	D
Q	B	U	J	E	N	J	N	B	E	O	E	O	S	R	Y
V	K	A	R	I	U	D	B	H	W	S	E	Y	S	A	L
M	I	N	T	R	O	S	P	E	C	T	S	D	I	T	D
K	Q	U	V	U	A	H	T	C	J	Q	U	L	O	I	V
A	O	Q	Y	Q	R	L	H	A	W	B	T	B	N	O	H
R	E	C	A	L	M	N	E	S	S	H	E	H	S	N	Q
Z	T	B	C	B	U	J	Y	S	S	V	G	Y	R	I	V
Y	U	G	M	E	D	I	T	A	T	I	O	N	S	W	L

**ART
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CLARITY
GROUND
INTROSPECT
REFRESH
ROUTINE
STRENGTH**

**BOUNDARY
CALMNESS
COMPASSION
HYDRATION
MEDITATION
RELAXATION
SILENCE
TENDERNESS**

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Puzzle-Solution 172

W	V	P	B	X	S	E	X	T	X	I	N	N	E	O	B
A	G	T	W	E	C	T	U	Y	B	A	O	R	C	I	J
H	R	A	E	N	R	O	R	E	F	I	X	E	T	K	G
Z	W	T	E	N	N	A	D	E	T	H	N	F	C	L	R
D	Y	L	A	R	D	M	G	A	N	A	C	R	O	G	O
Q	I	K	U	N	L	E	X	L	D	G	P	E	M	H	U
S	K	B	U	C	L	A	R	I	T	Y	T	S	P	Y	N
Z	G	O	U	I	L	E	K	N	G	E	T	H	A	D	D
Q	B	U	J	E	N	J	N	B	E	O	E	O	S	R	Y
V	K	A	R	I	U	D	B	H	W	S	E	Y	S	A	L
M	I	N	T	R	O	S	P	E	C	T	S	D	I	T	D
K	Q	U	V	U	A	H	T	C	J	Q	U	L	O	I	V
A	O	Q	Y	Q	R	L	H	A	W	B	T	B	N	O	H
R	E	C	A	L	M	N	E	S	S	H	E	H	S	N	Q
Z	T	B	C	B	U	J	Y	S	S	V	G	Y	R	I	V
Y	U	G	M	E	D	I	T	A	T	I	O	N	S	W	L

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