

Selfcare Word Search

Puzzle 175

F	S	M	H	S	X	Q	T	Y	P	R	O	S	R	L	O
H	S	E	N	K	T	D	S	H	C	U	R	U	J	U	I
F	H	F	C	P	B	I	G	X	U	U	D	N	X	W	S
Q	M	M	L	L	E	U	L	W	E	B	E	L	I	D	O
Y	K	Z	N	A	D	M	E	L	A	R	R	I	M	W	U
I	C	M	I	N	T	G	O	H	N	U	X	G	K	K	N
U	N	D	M	N	I	Z	O	S	N	E	W	H	K	M	D
N	Y	T	A	E	M	W	C	A	I	R	S	T	L	M	C
D	D	A	E	R	E	A	P	H	L	Y	V	S	L	I	T
E	F	D	T	N	S	D	T	H	R	S	N	A	S	N	P
R	E	A	S	E	T	A	U	D	K	I	C	U	B	S	F
S	G	N	C	O	B	E	T	Z	F	O	M	A	L	I	A
T	O	E	X	P	R	E	S	S	I	O	N	D	E	I	K
A	E	V	B	T	L	Z	W	R	E	O	C	R	T	V	T
N	F	O	U	N	D	A	T	I	O	N	Z	K	U	N	O
D	H	K	V	T	C	O	N	F	I	D	E	N	C	E	H

**BATH
CALM
EASE
FOUNDATION
INTENT
ORDER
SOUND
SUNLIGHT**

**BEDTIME
CONFIDENCE
EXPRESSION
GOAL
MUSIC
PLANNER
STILLNESS
UNDERSTAND**

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Puzzle-Solution 175

F	S	M	H	S	X	Q	T	Y	P	R	O	S	R	L	O
H	S	E	N	K	T	D	S	H	C	U	R	U	J	U	I
F	H	F	C	P	B	I	G	X	U	U	D	N	X	W	S
Q	M	M	L	L	E	U	L	W	E	B	E	L	I	D	O
Y	K	Z	N	A	D	M	E	L	A	R	R	I	M	W	U
I	C	M	I	N	T	G	O	H	N	U	X	G	K	K	N
U	N	D	M	N	I	Z	O	S	N	E	W	H	K	M	D
N	Y	T	A	E	M	W	C	A	I	R	S	T	L	M	C
D	D	A	E	R	E	A	P	H	L	Y	V	S	L	I	T
E	F	D	T	N	S	D	T	H	R	S	N	A	S	N	P
R	E	A	S	E	T	A	U	D	K	I	C	U	B	S	F
S	G	N	C	O	B	E	T	Z	F	O	M	A	L	I	A
T	O	E	X	P	R	E	S	S	I	O	N	D	E	I	K
A	E	V	B	T	L	Z	W	R	E	O	C	R	T	V	T
N	F	O	U	N	D	A	T	I	O	N	Z	K	U	N	O
D	H	K	V	T	C	O	N	F	I	D	E	N	C	E	H

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