

# Selfcare Word Search

## Puzzle 176

R	F	Y	A	X	R	T	I	M	E	H	X	F	A	E	R
W	D	S	T	E	A	D	I	N	E	S	S	R	G	U	E
I	T	E	N	D	E	R	N	E	S	S	K	R	J	N	L
C	N	P	B	A	L	A	N	C	E	F	A	C	W	D	A
X	Y	T	Z	Y	Y	V	Q	O	S	H	F	N	C	E	X
C	Q	L	E	P	V	T	D	U	C	Y	J	F	O	R	A
O	B	H	B	N	G	Z	Z	E	G	F	G	R	M	S	T
F	U	Y	E	U	T	F	R	M	O	S	E	I	M	T	I
F	O	D	M	I	N	I	M	A	L	G	E	E	U	A	O
K	R	R	S	M	N	C	O	O	Q	R	T	N	N	N	N
W	G	A	E	F	O	O	U	N	U	E	S	D	I	D	U
J	A	T	F	S	U	C	X	S	L	O	C	S	T	E	G
W	N	I	Z	N	T	F	S	A	O	I	B	H	Y	A	Z
W	I	O	Z	J	B	E	H	G	I	O	Z	I	M	P	N
V	Z	N	S	H	R	X	Y	L	Y	D	K	P	B	V	D
Q	E	F	L	P	E	T	C	G	V	P	E	V	L	G	I

**BALANCE  
EXHALE  
FRIENDSHIP  
INTENTION  
ORGANIZE  
RECHARGE  
STEADINESS  
TIME**

**COMMUNITY  
FOREST  
HYDRATION  
MINIMAL  
PRESSURE  
RELAXATION  
TENDERNESS  
UNDERSTAND**

# Selfcare Word Search

## Puzzle-Solution 176

R	F	Y	A	X	R	T	I	M	E	H	X	F	A	E	R
W	D	S	T	E	A	D	I	N	E	S	S	R	G	U	E
I	T	E	N	D	E	R	N	E	S	S	K	R	J	N	L
C	N	P	B	A	L	A	N	C	E	F	A	C	W	D	A
X	Y	T	Z	Y	Y	V	Q	O	S	H	F	N	C	E	X
C	Q	L	E	P	V	T	D	U	C	Y	J	F	O	R	A
O	B	H	B	N	G	Z	Z	E	G	F	G	R	M	S	T
F	U	Y	E	U	T	F	R	M	O	S	E	I	M	T	I
F	O	D	M	I	N	I	M	A	L	G	E	E	U	A	O
K	R	R	S	M	N	C	O	O	Q	R	T	N	N	N	N
W	G	A	E	F	O	O	U	N	U	E	S	D	I	D	U
J	A	T	F	S	U	C	X	S	L	O	C	S	T	E	G
W	N	I	Z	N	T	F	S	A	O	I	B	H	Y	A	Z
W	I	O	Z	J	B	E	H	G	I	O	Z	I	M	P	N
V	Z	N	S	H	R	X	Y	L	Y	D	K	P	B	V	D
Q	E	F	L	P	E	T	C	G	V	P	E	V	L	G	I

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