

Selfcare Word Search

Puzzle 179

I	R	D	F	O	U	N	D	A	T	I	O	N	D	O	M
V	N	F	D	C	D	W	X	H	V	E	S	T	W	N	S
Y	S	T	Q	T	P	C	J	B	D	X	S	O	O	J	X
S	B	O	E	U	A	X	L	U	O	D	P	D	S	T	N
Y	W	H	Q	N	V	C	T	A	R	U	R	M	P	L	J
P	H	F	M	T	T	I	V	U	R	A	N	I	Z	Z	W
O	O	Y	N	J	T	X	S	B	P	I	F	D	Z	A	T
S	L	D	Z	A	O	B	G	N	W	S	T	G	A	E	W
T	E	Q	R	E	C	O	N	T	E	N	T	Y	S	R	U
U	S	G	O	I	N	H	M	E	K	H	X	O	E	M	Y
R	O	J	V	P	E	X	H	A	L	E	P	Y	M	A	L
E	M	K	M	I	B	D	A	Z	T	R	W	V	G	N	I
L	E	L	Z	A	Y	F	R	D	U	I	M	V	M	T	M
C	A	M	V	S	I	K	O	P	Z	S	P	E	J	R	I
C	R	J	V	C	C	F	M	V	V	S	R	C	T	A	T
Z	E	I	Y	S	H	E	A	L	T	H	C	A	R	E	V

**AROMA
CALM
CONTENT
FOUNDATION
HEALTHCARE
LIMIT
PARDON
PURPOSE**

**BOUNDARY
CLARITY
EXHALE
GRATITUDE
INTENT
MANTRA
POSTURE
WHOLESOME**

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Puzzle-Solution 179

I	R	D	F	O	U	N	D	A	T	I	O	N	D	O	M
V	N	F	D	C	D	W	X	H	V	E	S	T	W	N	S
Y	S	T	Q	T	P	C	J	B	D	X	S	O	O	J	X
S	B	O	E	U	A	X	L	U	O	D	P	D	S	T	N
Y	W	H	Q	N	V	C	T	A	R	U	R	M	P	L	J
P	H	F	M	T	T	I	V	U	R	A	N	I	Z	Z	W
O	O	Y	N	J	T	X	S	B	P	I	F	D	Z	A	T
S	L	D	Z	A	O	B	G	N	W	S	T	G	A	E	W
T	E	Q	R	E	C	O	N	T	E	N	T	Y	S	R	U
U	S	G	O	I	N	H	M	E	K	H	X	O	E	M	Y
R	O	J	V	P	E	X	H	A	L	E	P	Y	M	A	L
E	M	K	M	I	B	D	A	Z	T	R	W	V	G	N	I
L	E	L	Z	A	Y	F	R	D	U	I	M	V	M	T	M
C	A	M	V	S	I	K	O	P	Z	S	P	E	J	R	I
C	R	J	V	C	C	F	M	V	V	S	R	C	T	A	T
Z	E	I	Y	S	H	E	A	L	T	H	C	A	R	E	V

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