

Selfcare Word Search

Puzzle 186

A	T	S	S	C	A	X	F	R	B	W	Y	X	H	S	Z
L	H	B	Y	T	L	B	T	G	A	I	L	V	N	N	J
W	A	X	J	U	I	K	Y	T	T	S	O	O	O	A	M
T	N	S	P	C	G	L	X	P	H	I	I	I	N	A	J
M	K	L	X	Y	N	Z	L	W	X	T	T	E	U	A	U
R	F	P	D	U	M	N	Y	N	A	N	Q	C	H	Q	P
F	U	W	Y	U	E	W	Y	R	E	H	V	J	L	L	V
C	L	H	B	E	N	S	I	T	A	S	T	F	I	N	B
O	S	H	Q	T	T	P	T	S	X	R	S	Q	G	L	A
M	D	E	T	O	S	A	J	K	G	R	O	U	N	D	L
M	Z	B	E	A	C	H	A	R	X	J	D	M	A	X	A
U	F	N	L	R	R	O	A	C	U	T	C	G	A	Y	N
N	O	P	K	Z	S	Y	K	I	X	Y	R	M	K	M	C
I	U	Q	B	U	N	D	E	R	S	T	A	N	D	F	E
T	N	I	S	A	F	E	J	Q	H	Q	F	W	E	B	O
Y	A	T	R	A	C	K	E	R	P	L	T	I	Y	L	M

**ALIGNMENT
ASPIRATION
BALANCE
BEACH
CRAFT
NAP
STILLNESS
TRACKER**

**AROMA
ATTENTION
BATH
COMMUNITY
GROUND
SOAK
THANKFUL
UNDERSTAND**

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Puzzle-Solution 186

A	T	S	S	C	A	X	F	R	B	W	Y	X	H	S	Z
L	H	B	Y	T	L	B	T	G	A	I	L	V	N	N	J
W	A	X	J	U	I	K	Y	T	T	S	O	O	O	A	M
T	N	S	P	C	G	L	X	P	H	I	I	I	N	A	J
M	K	L	X	Y	N	Z	L	W	X	T	T	E	U	A	U
R	F	P	D	U	M	N	Y	N	A	N	Q	C	H	Q	P
F	U	W	Y	U	E	W	Y	R	E	H	V	J	L	L	V
C	L	H	B	E	N	S	I	T	A	S	T	F	I	N	B
O	S	H	Q	T	T	P	T	S	X	R	S	Q	G	L	A
M	D	E	T	O	S	A	J	K	G	R	O	U	N	D	L
M	Z	B	E	A	C	H	A	R	X	J	D	M	A	X	A
U	F	N	L	R	R	O	A	C	U	T	C	G	A	Y	N
N	O	P	K	Z	S	Y	K	I	X	Y	R	M	K	M	C
I	U	Q	B	U	N	D	E	R	S	T	A	N	D	F	E
T	N	I	S	A	F	E	J	Q	H	Q	F	W	E	B	O
Y	A	T	R	A	C	K	E	R	P	L	T	I	Y	L	M

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