

# Selfcare Word Search

## Puzzle 187

D	E	L	I	G	H	T	E	C	A	S	D	E	P	H	M
T	C	I	I	G	J	V	W	H	M	W	H	V	I	R	P
H	P	N	F	E	U	V	J	H	S	E	J	C	V	E	R
A	W	R	O	U	T	I	N	E	S	O	F	C	Y	Z	O
N	R	O	M	W	X	Q	X	U	E	S	A	R	B	X	T
K	T	D	E	V	F	U	A	P	S	F	A	K	L	V	E
F	S	A	D	P	R	P	N	S	F	D	O	A	E	K	C
U	O	D	I	I	T	Q	E	D	N	T	M	Y	X	N	T
L	O	V	T	B	P	N	J	U	E	I	C	C	H	X	I
S	T	D	A	M	L	V	O	E	N	R	A	R	T	W	O
C	H	G	T	L	T	B	S	I	X	N	S	U	A	R	N
N	E	G	I	O	O	P	M	V	K	D	G	T	T	Y	A
L	Q	T	O	Y	Y	F	C	C	N	H	H	F	A	A	O
I	S	I	N	T	E	N	T	O	H	A	H	C	C	N	D
J	B	R	E	M	P	A	T	H	Y	C	V	E	D	Z	D
J	O	C	R	E	A	T	I	V	I	T	Y	U	I	K	N

**ART  
CREATIVITY  
EMPATHY  
MEDITATION  
PAUSE  
ROUTINE  
SOOTHE  
THANKFUL**

**BOUNDARY  
DELIGHT  
INTENT  
MINIMAL  
PROTECTION  
SOAK  
STILLNESS  
UNDERSTAND**

# Selfcare Word Search

## Puzzle-Solution 187

D	E	L	I	G	H	T	E	C	A	S	D	E	P	H	M
T	C	I	I	G	J	V	W	H	M	W	H	V	I	R	P
H	P	N	F	E	U	V	J	H	S	E	J	C	V	E	R
A	W	R	O	U	T	I	N	E	S	O	F	C	Y	Z	O
N	R	O	M	W	X	Q	X	U	E	S	A	R	B	X	T
K	T	D	E	V	F	U	A	P	S	F	A	K	L	V	E
F	S	A	D	P	R	P	N	S	F	D	O	A	E	K	C
U	O	D	I	I	T	Q	E	D	N	T	M	Y	X	N	T
L	O	V	T	B	P	N	J	U	E	I	C	C	H	X	I
S	T	D	A	M	L	V	O	E	N	R	A	R	T	W	O
C	H	G	T	L	T	B	S	I	X	N	S	U	A	R	N
N	E	G	I	O	O	P	M	V	K	D	G	T	T	Y	A
L	Q	T	O	Y	Y	F	C	C	N	H	H	F	A	A	O
I	S	I	N	T	E	N	T	O	H	A	H	C	C	N	D
J	B	R	E	M	P	A	T	H	Y	C	V	E	D	Z	D
J	O	C	R	E	A	T	I	V	I	T	Y	U	I	K	N

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