

Selfcare Word Search

Puzzle 188

H	U	P	O	S	T	U	R	E	R	Q	N	Z	I	Z	Y
A	A	G	S	L	J	Y	C	A	D	W	E	R	Q	F	T
E	T	J	S	U	B	P	Y	N	O	Y	Y	Z	S	C	K
K	C	B	B	M	G	G	A	D	L	V	U	I	G	M	B
S	O	H	C	B	B	E	W	J	E	H	T	M	V	M	U
M	N	U	M	E	O	O	N	X	U	A	I	G	N	K	F
O	F	K	W	R	L	J	L	T	S	B	S	Q	W	W	L
B	I	M	V	S	A	W	I	V	L	U	B	E	Z	Z	E
I	D	L	P	L	N	N	W	L	L	E	O	Y	J	V	X
L	E	A	U	N	D	E	R	S	T	A	N	D	Z	B	I
I	N	V	P	A	T	I	E	N	C	E	D	E	M	L	B
T	C	E	X	E	M	O	T	I	O	N	Z	F	S	J	I
Y	E	N	P	K	T	D	P	G	E	Q	R	T	T	S	L
L	K	D	C	O	N	S	I	S	T	E	N	C	Y	S	I
B	S	E	U	Z	E	F	Z	C	X	H	A	T	U	A	T
G	V	R	A	C	C	E	P	T	A	N	C	E	W	G	Y

ACCEPTANCE
CONFIDENCE
EASE
FLEXIBILITY
LAVENDER
PATIENCE
SATISFY
SLUMBER

BOND
CONSISTENCY
EMOTION
GENTLENESS
MOBILITY
POSTURE
SLOWDOWN
UNDERSTAND

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Puzzle-Solution 188

H	U	P	O	S	T	U	R	E	R	Q	N	Z	I	Z	Y
A	A	G	S	L	J	Y	C	A	D	W	E	R	Q	F	T
E	T	J	S	U	B	P	Y	N	O	Y	Y	Z	S	C	K
K	C	B	B	M	G	G	A	D	L	V	U	I	G	M	B
S	O	H	C	B	B	E	W	J	E	H	T	M	V	M	U
M	N	U	M	E	O	O	N	X	U	A	I	G	N	K	F
O	F	K	W	R	L	J	L	T	S	B	S	Q	W	W	L
B	I	M	V	S	A	W	I	V	L	U	B	E	Z	Z	E
I	D	L	P	L	N	N	W	L	L	E	O	Y	J	V	X
L	E	A	U	N	D	E	R	S	T	A	N	D	Z	B	I
I	N	V	P	A	T	I	E	N	C	E	D	E	M	L	B
T	C	E	X	E	M	O	T	I	O	N	Z	F	S	J	I
Y	E	N	P	K	T	D	P	G	E	Q	R	T	T	S	L
L	K	D	C	O	N	S	I	S	T	E	N	C	Y	S	I
B	S	E	U	Z	E	F	Z	C	X	H	A	T	U	A	T
G	V	R	A	C	C	E	P	T	A	N	C	E	W	G	Y

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