

Selfcare Word Search

Puzzle 201

B	T	T	T	Z	F	O	U	N	D	A	T	I	O	N	B
G	E	H	V	X	C	G	Q	J	R	M	S	X	B	X	R
N	P	A	X	C	P	S	H	W	B	H	N	V	Z	O	N
O	P	A	C	H	F	Z	N	Q	A	K	Q	L	B	B	U
U	N	E	B	H	T	M	R	H	H	R	E	C	D	L	T
R	M	K	B	A	N	X	I	E	T	Y	M	B	P	V	R
I	U	P	L	S	R	B	H	C	W	B	M	T	M	L	I
S	S	K	D	E	E	C	Q	U	I	E	T	X	H	P	T
H	I	V	T	D	G	E	S	Q	K	D	O	E	Z	D	I
I	C	A	M	R	C	S	P	B	P	H	S	N	O	X	O
X	W	W	Q	N	E	K	A	S	H	O	W	E	R	E	N
U	W	N	A	N	R	B	R	C	C	L	S	V	L	T	X
T	B	L	T	O	B	B	D	M	J	T	V	T	J	O	F
D	A	F	E	S	A	K	O	T	R	F	V	L	U	I	V
B	O	X	G	P	L	A	N	N	E	R	X	T	E	R	E
S	X	F	O	R	G	I	V	E	N	E	S	S	Y	B	E

**ANXIETY
BEACH
FOUNDATION
NOURISH
PARDON
POSTURE
SHOWER
WARMTH**

**BALANCE
FORGIVENESS
MUSIC
NUTRITION
PLANNER
QUIET
SOFTNESS
WATER**

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Puzzle-Solution 201

B	T	T	T	Z	F	O	U	N	D	A	T	I	O	N	B
G	E	H	V	X	C	G	Q	J	R	M	S	X	B	X	R
N	P	A	X	C	P	S	H	W	B	H	N	V	Z	O	N
O	P	A	C	H	F	Z	N	Q	A	K	Q	L	B	B	U
U	N	E	B	H	T	M	R	H	H	R	E	C	D	L	T
R	M	K	B	A	N	X	I	E	T	Y	M	B	P	V	R
I	U	P	L	S	R	B	H	C	W	B	M	T	M	L	I
S	S	K	D	E	E	C	Q	U	I	E	T	X	H	P	T
H	I	V	T	D	G	E	S	Q	K	D	O	E	Z	D	I
I	C	A	M	R	C	S	P	B	P	H	S	N	O	X	O
X	W	W	Q	N	E	K	A	S	H	O	W	E	R	E	N
U	W	N	A	N	R	B	R	C	C	L	S	V	L	T	X
T	B	L	T	O	B	B	D	M	J	T	V	T	J	O	F
D	A	F	E	S	A	K	O	T	R	F	V	L	U	I	V
B	O	X	G	P	L	A	N	N	E	R	X	T	E	R	E
S	X	F	O	R	G	I	V	E	N	E	S	S	Y	B	E

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