

Selfcare Word Search

Puzzle 204

L	V	N	L	M	I	N	D	F	U	L	N	E	S	S	F
B	O	T	E	N	D	E	R	N	E	S	S	Q	W	G	S
A	M	F	M	Q	T	D	E	P	H	E	R	M	R	V	O
L	A	M	B	I	E	N	C	E	R	E	P	B	N	N	U
A	V	H	T	D	P	N	S	E	S	E	X	Q	X	V	N
N	P	K	T	I	G	R	S	P	B	F	S	H	G	U	D
C	P	P	F	Q	E	A	X	A	E	T	Q	S	A	Q	Z
E	C	T	R	O	E	S	Z	R	D	J	S	P	U	L	J
T	C	D	U	E	R	L	U	D	T	G	S	P	B	R	E
U	N	Y	L	C	C	U	U	O	I	X	A	Q	D	L	E
Y	R	H	I	M	E	I	P	N	M	N	F	Q	X	L	B
X	S	S	W	Y	O	D	A	W	E	X	X	D	Q	P	Q
H	U	H	F	G	I	O	Q	T	Z	X	Q	U	L	L	T
M	T	R	A	N	Q	U	I	L	I	T	Y	M	V	N	B
E	X	P	R	E	S	S	I	O	N	O	Z	V	A	U	I
O	B	S	E	R	V	A	T	I	O	N	N	O	B	K	Q

**AMBIENCE
BALANCE
EASE
EXPRESSION
MUSIC
OBSERVATION
PRESSURE
TENDERNESS**

**APPRECIATION
BEDTIME
EXHALE
MINDFULNESS
NAP
PARDON
SOUND
TRANQUILITY**

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Puzzle-Solution 204

L	V	N	L	M	I	N	D	F	U	L	N	E	S	S	F
B	O	T	E	N	D	E	R	N	E	S	S	Q	W	G	S
A	M	F	M	Q	T	D	E	P	H	E	R	M	R	V	O
L	A	M	B	I	E	N	C	E	R	E	P	B	N	N	U
A	V	H	T	D	P	N	S	E	S	E	X	Q	X	V	N
N	P	K	T	I	G	R	S	P	B	F	S	H	G	U	D
C	P	P	F	Q	E	A	X	A	E	T	Q	S	A	Q	Z
E	C	T	R	O	E	S	Z	R	D	J	S	P	U	L	J
T	C	D	U	E	R	L	U	D	T	G	S	P	B	R	E
U	N	Y	L	C	C	U	U	O	I	X	A	Q	D	L	E
Y	R	H	I	M	E	I	P	N	M	N	F	Q	X	L	B
X	S	S	W	Y	O	D	A	W	E	X	X	D	Q	P	Q
H	U	H	F	G	I	O	Q	T	Z	X	Q	U	L	L	T
M	T	R	A	N	Q	U	I	L	I	T	Y	M	V	N	B
E	X	P	R	E	S	S	I	O	N	O	Z	V	A	U	I
O	B	S	E	R	V	A	T	I	O	N	N	O	B	K	Q

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