

Selfcare Word Search

Puzzle 209

F	R	M	T	R	Q	U	I	E	T	I	B	Z	W	S	C
M	S	H	O	W	E	R	U	N	J	A	K	E	S	Z	T
I	S	B	Y	J	V	M	B	E	S	L	P	E	A	N	I
E	T	U	Z	L	A	X	N	B	A	I	N	Q	E	C	A
P	R	Y	M	D	S	I	L	W	V	D	G	M	K	F	H
R	L	W	Z	U	T	D	I	Y	N	J	T	H	Q	K	V
O	W	O	Z	U	C	S	U	I	A	N	S	V	T	O	L
T	C	R	O	H	Z	K	K	J	E	V	T	N	F	U	G
E	D	R	J	S	N	N	A	T	N	B	I	J	W	T	Z
C	S	Y	X	X	F	I	N	N	F	Z	L	D	D	O	U
T	R	D	W	G	U	O	N	I	X	H	L	A	R	T	B
I	M	J	M	I	C	V	I	E	U	I	N	T	E	N	T
O	Y	L	I	M	J	R	W	V	Z	G	E	J	W	I	Q
N	R	P	F	L	U	T	K	Z	G	Y	S	T	U	P	S
O	V	N	U	T	R	I	T	I	O	N	S	P	Y	T	H
O	Q	N	V	F	I	O	R	G	A	N	I	Z	E	Y	R

**ANXIETY
BEACH
INSIGHT
KINDNESS
ORGANIZE
QUIET
SHOWER
WALK**

**ART
CONTENTMENT
INTENT
NUTRITION
PROTECTION
ROUTINE
STILLNESS
WORRY**

Selfcare Word Search

Puzzle-Solution 209

F	R	M	T	R	Q	U	I	E	T	I	B	Z	W	S	C
M	S	H	O	W	E	R	U	N	J	A	K	E	S	Z	T
I	S	B	Y	J	V	M	B	E	S	L	P	E	A	N	I
E	T	U	Z	L	A	X	N	B	A	I	N	Q	E	C	A
P	R	Y	M	D	S	I	L	W	V	D	G	M	K	F	H
R	L	W	Z	U	T	D	I	Y	N	J	T	H	Q	K	V
O	W	O	Z	U	C	S	U	I	A	N	S	V	T	O	L
T	C	R	O	H	Z	K	K	J	E	V	T	N	F	U	G
E	D	R	J	S	N	N	A	T	N	B	I	J	W	T	Z
C	S	Y	X	X	F	I	N	N	F	Z	L	D	D	O	U
T	R	D	W	G	U	O	N	I	X	H	L	A	R	T	B
I	M	J	M	I	C	V	I	E	U	I	N	T	E	N	T
O	Y	L	I	M	J	R	W	V	Z	G	E	J	W	I	Q
N	R	P	F	L	U	T	K	Z	G	Y	S	T	U	P	S
O	V	N	U	T	R	I	T	I	O	N	S	P	Y	T	H
O	Q	N	V	F	I	O	R	G	A	N	I	Z	E	Y	R

ANXIETY
BEACH
INSIGHT
KINDNESS
ORGANIZE
QUIET
SHOWER
WALK

ART
CONTENTMENT
INTENT
NUTRITION
PROTECTION
ROUTINE
STILLNESS
WORRY