

# Selfcare Word Search

## Puzzle 216

P	P	R	O	T	E	C	T	I	O	N	J	D	U	Z	P
X	C	O	K	K	X	L	W	S	P	S	S	S	S	S	K
A	P	P	G	Z	J	W	E	L	L	N	E	S	S	L	R
S	T	R	E	N	G	T	H	B	X	Z	V	E	M	Y	N
Y	O	B	S	E	R	V	A	T	I	O	N	Z	D	N	W
Y	S	S	O	U	N	D	E	H	U	E	J	Y	L	U	H
D	A	H	F	E	G	P	M	A	L	Q	T	Z	H	T	O
F	R	X	O	E	Y	R	P	T	I	I	V	N	H	R	L
J	H	Y	I	W	C	S	N	A	V	O	R	R	R	I	E
Z	E	X	S	T	E	E	I	I	T	H	B	E	X	T	S
M	I	Y	B	Y	G	R	T	L	R	I	B	M	E	I	O
M	N	L	M	A	O	A	C	P	E	M	E	K	Z	O	M
A	H	K	X	E	E	G	F	X	U	N	P	N	A	N	E
V	A	D	M	R	S	X	A	L	B	N	C	K	C	S	Q
E	L	X	C	Q	E	Y	S	N	C	D	T	E	Z	E	Y
B	E	K	K	A	F	F	I	R	M	A	T	I	O	N	U

**AFFIRMATION  
GENTLENESS  
NUTRITION  
PATIENCE  
SHOWER  
SLUMBER  
STRENGTH  
WHOLESOME**

**CREATIVITY  
INHALE  
OBSERVATION  
PROTECTION  
SILENCE  
SOUND  
WELLNESS  
YOGA**

# Selfcare Word Search

## Puzzle-Solution 216

P	P	R	O	T	E	C	T	I	O	N	J	D	U	Z	P
X	C	O	K	K	X	L	W	S	P	S	S	S	S	S	K
A	P	P	G	Z	J	W	E	L	L	N	E	S	S	L	R
S	T	R	E	N	G	T	H	B	X	Z	V	E	M	Y	N
Y	O	B	S	E	R	V	A	T	I	O	N	Z	D	N	W
Y	S	S	O	U	N	D	E	H	U	E	J	Y	L	U	H
D	A	H	F	E	G	P	M	A	L	Q	T	Z	H	T	O
F	R	X	O	E	Y	R	P	T	I	I	V	N	H	R	L
J	H	Y	I	W	C	S	N	A	V	O	R	R	R	I	E
Z	E	X	S	T	E	E	I	I	T	H	B	E	X	T	S
M	I	Y	B	Y	G	R	T	L	R	I	B	M	E	I	O
M	N	L	M	A	O	A	C	P	E	M	E	K	Z	O	M
A	H	K	X	E	E	G	F	X	U	N	P	N	A	N	E
V	A	D	M	R	S	X	A	L	B	N	C	K	C	S	Q
E	L	X	C	Q	E	Y	S	N	C	D	T	E	Z	E	Y
B	E	K	K	A	F	F	I	R	M	A	T	I	O	N	U

**AFFIRMATION**  
**GENTLENESS**  
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