

Selfcare Word Search

Puzzle 219

Z	K	I	N	T	R	O	S	P	E	C	T	G	H	N	J
O	C	I	A	E	A	M	O	C	Y	F	X	C	E	K	T
S	E	Y	H	Y	G	K	P	I	B	N	Q	D	J	L	F
V	A	I	N	T	E	N	T	B	Y	I	R	J	G	T	A
T	C	F	E	W	H	P	R	M	B	A	X	E	X	J	R
D	B	O	E	A	M	E	C	N	G	W	G	Z	Y	S	D
O	K	U	B	C	I	Z	A	L	R	Q	E	L	J	T	W
C	R	N	S	V	N	E	S	L	I	H	A	P	N	R	H
E	S	D	R	M	D	M	M	I	T	M	J	V	Q	E	Z
A	B	A	O	A	F	X	F	O	L	H	I	K	X	T	N
N	E	T	U	X	U	Z	O	G	T	E	C	T	U	C	C
Z	U	I	T	W	L	S	N	W	Z	I	N	A	O	H	A
K	V	O	I	E	N	P	E	A	C	E	O	C	R	B	S
D	N	N	N	G	E	O	T	Q	E	S	P	N	E	E	Z
K	C	V	E	B	S	I	V	I	S	U	A	L	I	Z	E
H	O	Y	N	J	S	W	A	T	E	R	P	P	C	F	S

**EMOTION
GARDEN
INTENT
LIMIT
OCEAN
ROUTINE
SOOTHE
VISUALIZE**

**FOUNDATION
HEALTHCARE
INTROSPECT
MINDFULNESS
PEACE
SILENCE
STRETCH
WATER**

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Puzzle-Solution 219

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O	C	I	A	E	A	M	O	C	Y	F	X	C	E	K	T
S	E	Y	H	Y	G	K	P	I	B	N	Q	D	J	L	F
V	A	I	N	T	E	N	T	B	Y	I	R	J	G	T	A
T	C	F	E	W	H	P	R	M	B	A	X	E	X	J	R
D	B	O	E	A	M	E	C	N	G	W	G	Z	Y	S	D
O	K	U	B	C	I	Z	A	L	R	Q	E	L	J	T	W
C	R	N	S	V	N	E	S	L	I	H	A	P	N	R	H
E	S	D	R	M	D	M	M	I	T	M	J	V	Q	E	Z
A	B	A	O	A	F	X	F	O	L	H	I	K	X	T	N
N	E	T	U	X	U	Z	O	G	T	E	C	T	U	C	C
Z	U	I	T	W	L	S	N	W	Z	I	N	A	O	H	A
K	V	O	I	E	N	P	E	A	C	E	O	C	R	B	S
D	N	N	N	G	E	O	T	Q	E	S	P	N	E	E	Z
K	C	V	E	B	S	I	V	I	S	U	A	L	I	Z	E
H	O	Y	N	J	S	W	A	T	E	R	P	P	C	F	S

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