

Selfcare Word Search

Puzzle 222

E	T	A	O	Z	X	S	K	M	W	F	O	J	D	T	Y
O	R	H	Y	T	H	M	U	T	X	B	E	A	C	H	F
H	O	R	N	A	T	U	R	E	W	F	G	N	S	P	G
E	N	C	J	H	X	A	I	Y	N	A	P	T	V	V	E
A	R	E	J	Z	A	F	F	I	R	M	A	T	I	O	N
L	E	M	P	S	N	A	Y	I	D	N	H	E	V	D	H
T	C	P	A	F	H	Y	D	R	A	T	I	O	N	P	K
H	O	A	U	K	W	E	U	R	O	T	W	R	U	Y	E
C	V	T	S	B	F	O	K	P	E	V	W	G	U	Q	J
A	E	H	E	H	E	O	R	T	Y	C	U	O	L	D	N
R	R	Y	X	L	O	J	C	R	T	W	H	C	Q	O	X
E	Y	A	D	B	G	E	D	W	Y	J	D	A	I	P	N
N	K	N	E	V	F	L	Y	L	N	S	F	T	R	A	Z
H	A	T	T	F	N	C	R	B	C	V	O	D	P	G	E
C	O	P	A	U	L	O	H	G	M	M	V	L	R	B	E
N	Y	A	S	R	N	D	A	A	E	G	E	B	H	R	C

**AFFECT
BEACH
EMOTION
HEALTHCARE
NAP
NOTEBOOK
RECHARGE
RHYTHM**

**AFFIRMATION
CANDLE
EMPATHY
HYDRATION
NATURE
PAUSE
RECOVERY
WORRY**

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Puzzle-Solution 222

E	T	A	O	Z	X	S	K	M	W	F	O	J	D	T	Y
O	R	H	Y	T	H	M	U	T	X	B	E	A	C	H	F
H	O	R	N	A	T	U	R	E	W	F	G	N	S	P	G
E	N	C	J	H	X	A	I	Y	N	A	P	T	V	V	E
A	R	E	J	Z	A	F	F	I	R	M	A	T	I	O	N
L	E	M	P	S	N	A	Y	I	D	N	H	E	V	D	H
T	C	P	A	F	H	Y	D	R	A	T	I	O	N	P	K
H	O	A	U	K	W	E	U	R	O	T	W	R	U	Y	E
C	V	T	S	B	F	O	K	P	E	V	W	G	U	Q	J
A	E	H	E	H	E	O	R	T	Y	C	U	O	L	D	N
R	R	Y	X	L	O	J	C	R	T	W	H	C	Q	O	X
E	Y	A	D	B	G	E	D	W	Y	J	D	A	I	P	N
N	K	N	E	V	F	L	Y	L	N	S	F	T	R	A	Z
H	A	T	T	F	N	C	R	B	C	V	O	D	P	G	E
C	O	P	A	U	L	O	H	G	M	M	V	L	R	B	E
N	Y	A	S	R	N	D	A	A	E	G	E	B	H	R	C

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