

# Selfcare Word Search

## Puzzle 228

C	F	R	C	O	M	P	O	S	U	R	E	E	P	J	P
I	B	G	D	W	B	L	D	L	F	E	C	N	O	M	H
M	V	R	I	Q	H	O	E	E	L	N	M	Y	R	I	S
E	O	Q	N	O	Q	F	J	D	E	W	D	E	F	N	T
B	A	B	H	L	F	J	N	L	N	V	D	W	X	D	R
H	G	R	I	H	R	A	I	O	K	R	V	W	H	F	E
P	T	E	L	L	C	S	I	R	O	E	Z	B	V	U	T
D	R	C	B	Y	I	T	E	M	P	A	T	H	Y	L	C
A	T	O	O	Z	O	T	I	D	C	F	X	U	C	N	H
A	K	V	T	M	R	S	Y	G	R	O	U	N	D	E	C
F	D	E	E	E	C	A	L	M	N	E	S	S	K	S	M
L	A	R	S	H	C	I	O	C	I	Q	O	U	F	S	E
A	Q	Y	X	A	F	T	Z	T	A	T	M	O	X	J	L
C	O	L	K	Z	E	F	I	B	A	C	V	X	T	F	O
C	S	O	O	T	H	E	G	O	K	O	H	O	W	R	D
C	O	M	M	U	N	I	T	Y	N	W	L	N	G	P	Y

**CALMNESS**  
**COMMUNITY**  
**EMOTION**  
**GROUND**  
**MINDFULNESS**  
**ORDER**  
**RECOVERY**  
**SOOTHE**

**CANDLE**  
**COMPOSURE**  
**EMPATHY**  
**MELODY**  
**MOBILITY**  
**PROTECTION**  
**SILENCE**  
**STRETCH**

# Selfcare Word Search

## Puzzle-Solution 228

C	F	R	C	O	M	P	O	S	U	R	E	E	P	J	P
I	B	G	D	W	B	L	D	L	F	E	C	N	O	M	H
M	V	R	I	Q	H	O	E	E	L	N	M	Y	R	I	S
E	O	Q	N	O	Q	F	J	D	E	W	D	E	F	N	T
B	A	B	H	L	F	J	N	L	N	V	D	W	X	D	R
H	G	R	I	H	R	A	I	O	K	R	V	W	H	F	E
P	T	E	L	L	C	S	I	R	O	E	Z	B	V	U	T
D	R	C	B	Y	I	T	E	M	P	A	T	H	Y	L	C
A	T	O	O	Z	O	T	I	D	C	F	X	U	C	N	H
A	K	V	T	M	R	S	Y	G	R	O	U	N	D	E	C
F	D	E	E	E	C	A	L	M	N	E	S	S	K	S	M
L	A	R	S	H	C	I	O	C	I	Q	O	U	F	S	E
A	Q	Y	X	A	F	T	Z	T	A	T	M	O	X	J	L
C	O	L	K	Z	E	F	I	B	A	C	V	X	T	F	O
C	S	O	O	T	H	E	G	O	K	O	H	O	W	R	D
C	O	M	M	U	N	I	T	Y	N	W	L	N	G	P	Y

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