

# Selfcare Word Search

## Puzzle 240

R	Q	T	T	E	R	O	T	E	A	Q	X	K	P	R	S
R	R	S	O	D	P	S	C	T	L	V	J	R	M	W	T
M	E	E	I	L	C	N	C	T	K	F	T	G	N	J	R
O	U	R	E	L	E	C	L	Z	B	T	V	N	J	C	E
V	C	H	T	I	E	R	T	O	F	R	M	L	P	S	T
E	X	V	B	F	E	N	A	O	R	S	D	I	A	T	C
M	O	M	D	H	U	P	C	N	Z	Z	P	M	U	E	H
E	A	H	I	S	O	C	V	E	C	C	E	I	S	A	G
N	P	O	X	T	B	U	K	N	E	E	E	T	E	D	P
T	M	M	O	O	D	E	M	Z	U	B	G	N	T	I	S
K	I	H	I	X	I	H	I	A	U	K	I	H	T	N	I
H	N	I	T	I	T	N	D	P	L	J	G	F	K	E	T
X	I	B	S	Y	A	K	N	L	H	I	O	I	H	S	R
M	M	O	H	G	Z	D	F	M	L	J	B	P	Y	S	L
C	A	R	R	R	E	F	L	E	C	T	I	O	N	M	M
D	L	O	Y	L	Y	D	D	M	U	S	I	C	E	D	D

**AMBIENCE  
DELIGHT  
MINIMAL  
MOVEMENT  
ORGANIZE  
REFLECTION  
SILENCE  
STRETCH**

**CENTER  
LIMIT  
MOOD  
MUSIC  
PAUSE  
RHYTHM  
STEADINESS  
TOLERANCE**

# Selfcare Word Search

## Puzzle-Solution 240

R	Q	T	T	E	R	O	T	E	A	Q	X	K	P	R	S
R	R	S	O	D	P	S	C	T	L	V	J	R	M	W	T
M	E	E	I	L	C	N	C	T	K	F	T	G	N	J	R
O	U	R	E	L	E	C	L	Z	B	T	V	N	J	C	E
V	C	H	T	I	E	R	T	O	F	R	M	L	P	S	T
E	X	V	B	F	E	N	A	O	R	S	D	I	A	T	C
M	O	M	D	H	U	P	C	N	Z	Z	P	M	U	E	H
E	A	H	I	S	O	C	V	E	C	C	E	I	S	A	G
N	P	O	X	T	B	U	K	N	E	E	E	T	E	D	P
T	M	M	O	O	D	E	M	Z	U	B	G	N	T	I	S
K	I	H	I	X	I	H	I	A	U	K	I	H	T	N	I
H	N	I	T	I	T	N	D	P	L	J	G	F	K	E	T
X	I	B	S	Y	A	K	N	L	H	I	O	I	H	S	R
M	M	O	H	G	Z	D	F	M	L	J	B	P	Y	S	L
C	A	R	R	R	E	F	L	E	C	T	I	O	N	M	M
D	L	O	Y	L	Y	D	D	M	U	S	I	C	E	D	D

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