

Selfcare Word Search

Puzzle 241

K	H	N	F	A	R	E	S	T	O	R	E	R	A	Y	D
E	E	A	O	X	R	M	N	I	N	H	A	L	E	Z	S
C	Q	C	C	Z	E	X	H	Y	D	R	A	T	I	O	N
G	G	Q	E	G	G	O	Y	D	O	Q	E	K	N	V	U
F	E	S	A	G	Y	X	Y	S	C	C	N	Q	C	S	J
C	N	O	N	Y	O	C	H	H	N	O	S	Z	K	K	R
I	T	F	Z	Y	U	A	M	A	I	J	U	E	S	Y	B
S	L	T	L	D	E	N	L	T	P	F	P	M	U	Q	B
P	E	N	J	R	M	A	A	D	W	H	P	P	N	C	W
T	N	E	J	I	B	M	A	A	B	L	O	A	L	C	M
B	E	S	D	D	R	M	A	U	M	T	R	T	I	V	E
E	S	S	R	I	Z	G	G	Q	C	Q	T	H	G	G	D
F	S	C	F	Y	O	H	J	S	M	K	I	Y	H	B	D
C	J	F	X	Y	P	R	Z	O	B	O	Q	L	T	K	B
R	A	T	R	A	C	K	E	R	O	U	O	W	P	I	R
T	E	N	D	E	R	N	E	S	S	E	J	D	U	J	E

**AFFIRMATION
EMPATHY
GOAL
INHALE
OCEAN
SOFTNESS
SUPPORT
TRACKER**

**BALANCE
GENTLENESS
HYDRATION
MOOD
RESTORE
SUNLIGHT
TENDERNESS
YOGA**

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Puzzle-Solution 241

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E	E	A	O	X	R	M	N	I	N	H	A	L	E	Z	S
C	Q	C	C	Z	E	X	H	Y	D	R	A	T	I	O	N
G	G	Q	E	G	G	O	Y	D	O	Q	E	K	N	V	U
F	E	S	A	G	Y	X	Y	S	C	C	N	Q	C	S	J
C	N	O	N	Y	O	C	H	H	N	O	S	Z	K	K	R
I	T	F	Z	Y	U	A	M	A	I	J	U	E	S	Y	B
S	L	T	L	D	E	N	L	T	P	F	P	M	U	Q	B
P	E	N	J	R	M	A	A	D	W	H	P	P	N	C	W
T	N	E	J	I	B	M	A	A	B	L	O	A	L	C	M
B	E	S	D	D	R	M	A	U	M	T	R	T	I	V	E
E	S	S	R	I	Z	G	G	Q	C	Q	T	H	G	G	D
F	S	C	F	Y	O	H	J	S	M	K	I	Y	H	B	D
C	J	F	X	Y	P	R	Z	O	B	O	Q	L	T	K	B
R	A	T	R	A	C	K	E	R	O	U	O	W	P	I	R
T	E	N	D	E	R	N	E	S	S	E	J	D	U	J	E

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