

Selfcare Word Search

Puzzle 245

S	Y	D	C	V	S	T	E	A	D	I	N	E	S	S	E
E	D	E	M	N	S	U	M	T	B	U	V	D	V	R	K
R	M	L	C	J	S	M	P	D	E	U	X	R	N	A	R
E	T	I	S	V	T	R	A	C	K	E	R	W	O	Q	F
N	C	G	O	S	K	Y	T	V	C	Z	L	N	N	R	V
I	O	H	Z	Z	O	H	H	R	D	K	Y	Q	O	B	K
T	K	T	N	V	X	O	Y	R	N	U	V	A	G	U	C
Y	F	O	U	N	D	A	T	I	O	N	S	O	X	L	T
P	R	E	S	E	N	C	E	H	H	S	N	Q	A	Z	E
L	U	E	C	G	S	C	G	L	E	L	O	M	K	G	Z
E	C	N	L	N	X	D	J	N	R	P	I	S	R	Z	G
A	T	W	A	J	H	C	D	M	U	N	Q	A	P	Y	R
S	K	P	R	S	A	N	N	B	I	X	H	U	R	Q	O
U	K	B	I	A	I	N	O	M	T	C	H	R	W	A	U
R	K	X	T	K	C	E	G	F	E	Y	O	S	I	Z	N
E	K	H	Y	W	H	R	E	R	G	W	S	C	R	G	D

**BURNOUT
DELIGHT
FOUNDATION
KINDNESS
PLEASURE
RECHARGE
SOOTHE
TRACKER**

**CLARITY
EMPATHY
GROUND
MINIMAL
PRESENCE
SERENITY
STEADINESS
WORRY**

Selfcare Word Search

Puzzle-Solution 245

S	Y	D	C	V	S	T	E	A	D	I	N	E	S	S	E
E	D	E	M	N	S	U	M	T	B	U	V	D	V	R	K
R	M	L	C	J	S	M	P	D	E	U	X	R	N	A	R
E	T	I	S	V	T	R	A	C	K	E	R	W	O	Q	F
N	C	G	O	S	K	Y	T	V	C	Z	L	N	N	R	V
I	O	H	Z	Z	O	H	H	R	D	K	Y	Q	O	B	K
T	K	T	N	V	X	O	Y	R	N	U	V	A	G	U	C
Y	F	O	U	N	D	A	T	I	O	N	S	O	X	L	T
P	R	E	S	E	N	C	E	H	H	S	N	Q	A	Z	E
L	U	E	C	G	S	C	G	L	E	L	O	M	K	G	Z
E	C	N	L	N	X	D	J	N	R	P	I	S	R	Z	G
A	T	W	A	J	H	C	D	M	U	N	Q	A	P	Y	R
S	K	P	R	S	A	N	N	B	I	X	H	U	R	Q	O
U	K	B	I	A	I	N	O	M	T	C	H	R	W	A	U
R	K	X	T	K	C	E	G	F	E	Y	O	S	I	Z	N
E	K	H	Y	W	H	R	E	R	G	W	S	C	R	G	D

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