

Stress Management Word Search

Puzzle 10

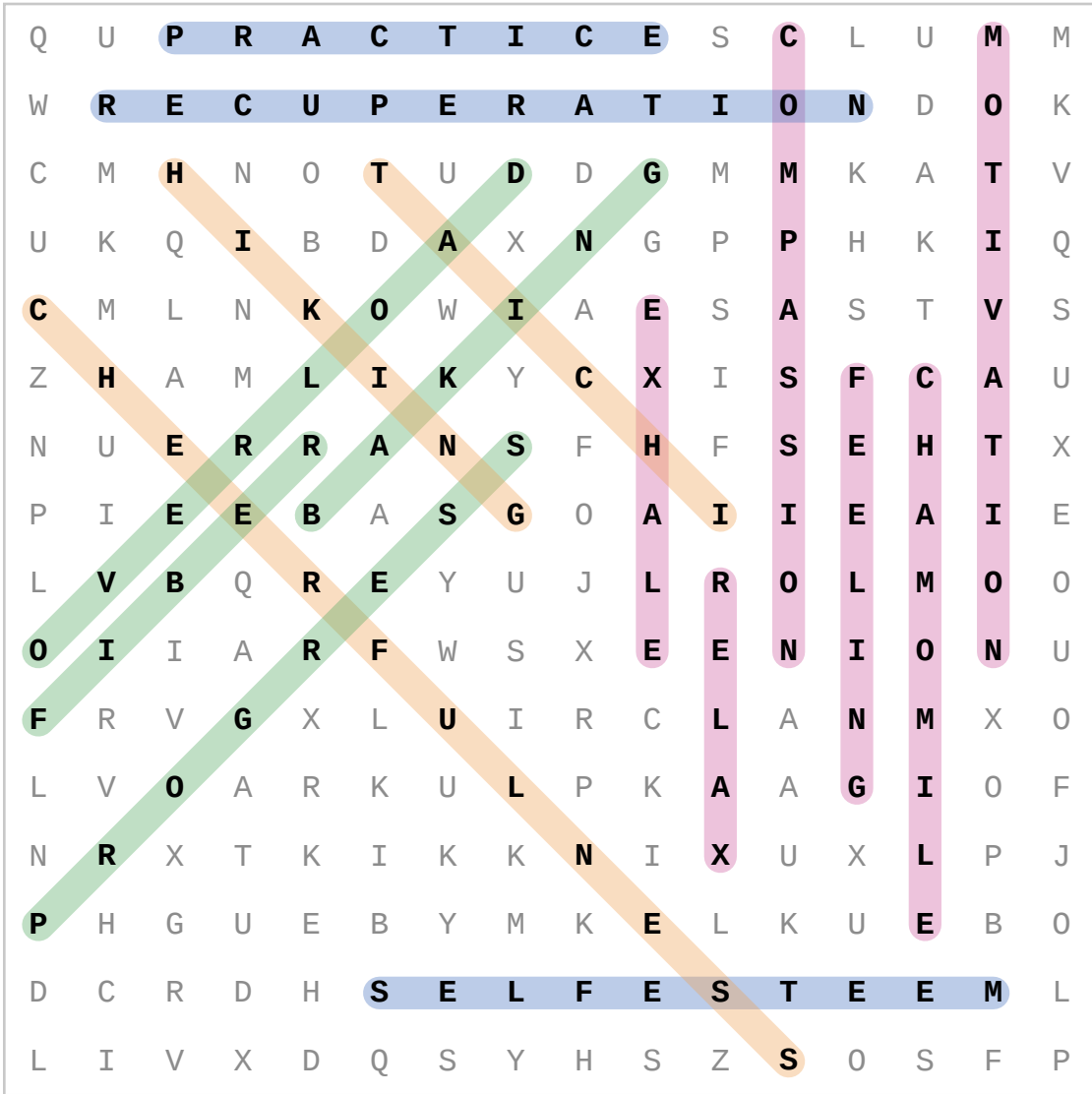
Q	U	P	R	A	C	T	I	C	E	S	C	L	U	M	M
W	R	E	C	U	P	E	R	A	T	I	O	N	D	O	K
C	M	H	N	O	T	U	D	D	G	M	M	K	A	T	V
U	K	Q	I	B	D	A	X	N	G	P	P	H	K	I	Q
C	M	L	N	K	O	W	I	A	E	S	A	S	T	V	S
Z	H	A	M	L	I	K	Y	C	X	I	S	F	C	A	U
N	U	E	R	R	A	N	S	F	H	F	S	E	H	T	X
P	I	E	E	B	A	S	G	O	A	I	I	E	A	I	E
L	V	B	Q	R	E	Y	U	J	L	R	O	L	M	O	O
O	I	I	A	R	F	W	S	X	E	E	N	I	O	N	U
F	R	V	G	X	L	U	I	R	C	L	A	N	M	X	O
L	V	O	A	R	K	U	L	P	K	A	A	G	I	O	F
N	R	X	T	K	I	K	K	N	I	X	U	X	L	P	J
P	H	G	U	E	B	Y	M	K	E	L	K	U	E	B	O
D	C	R	D	H	S	E	L	F	E	S	T	E	E	M	L
L	I	V	X	D	Q	S	Y	H	S	Z	S	O	S	F	P

BAKING
CHEERFULNESS
EXHALE
FIBER
MOTIVATION
PRACTICE
RECUPERATION
SELFESTEEM

CHAMOMILE
COMPASSION
FEELING
HIKING
OVERLOAD
PROGRESS
RELAX
TAICHI

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Puzzle-Solution 10



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