

Wellbeing Word Search

Puzzle 28

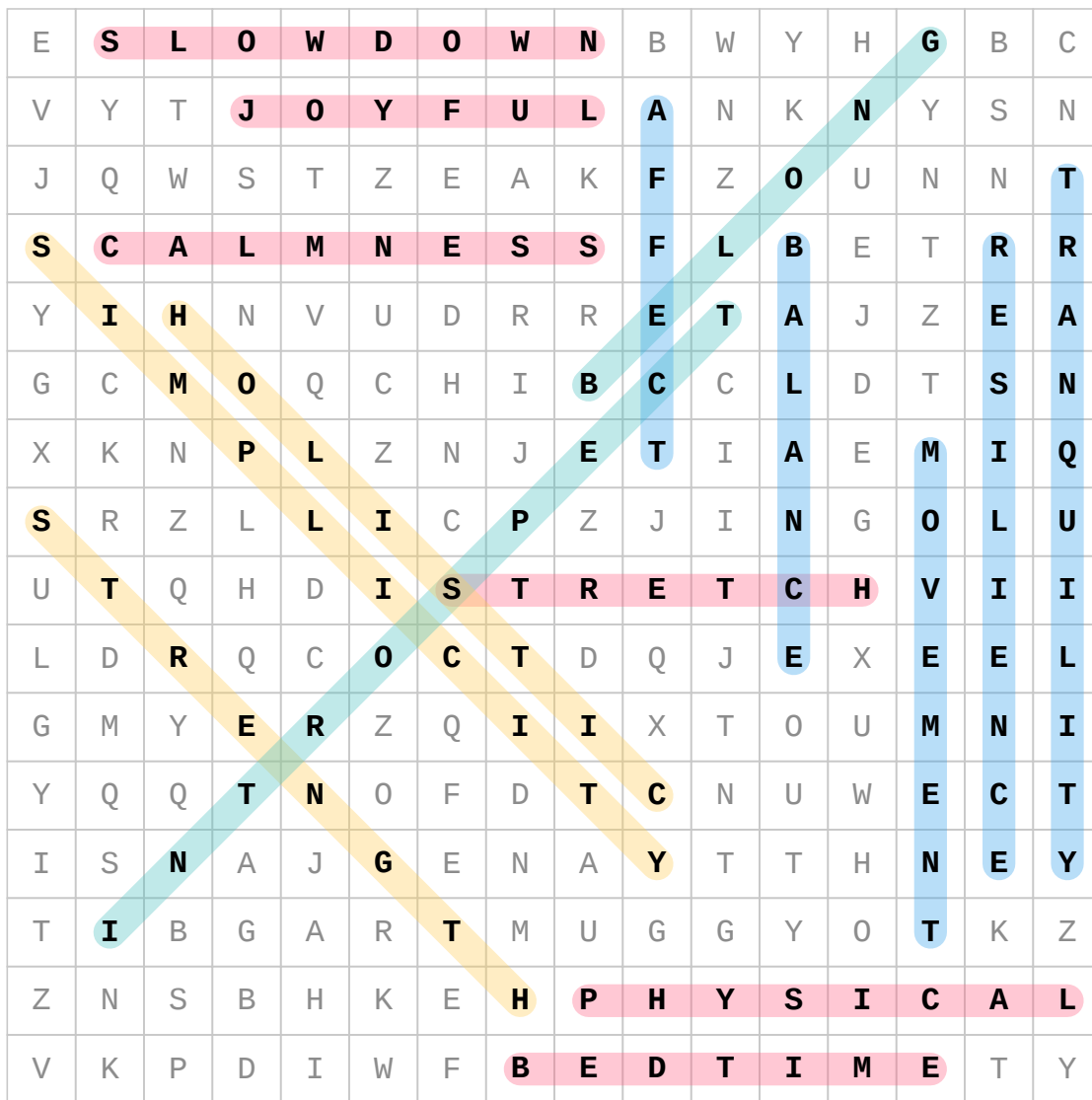
E	S	L	O	W	D	O	W	N	B	W	Y	H	G	B	C
V	Y	T	J	O	Y	F	U	L	A	N	K	N	Y	S	N
J	Q	W	S	T	Z	E	A	K	F	Z	O	U	N	N	T
S	C	A	L	M	N	E	S	S	F	L	B	E	T	R	R
Y	I	H	N	V	U	D	R	R	E	T	A	J	Z	E	A
G	C	M	O	Q	C	H	I	B	C	C	L	D	T	S	N
X	K	N	P	L	Z	N	J	E	T	I	A	E	M	I	Q
S	R	Z	L	L	I	C	P	Z	J	I	N	G	O	L	U
U	T	Q	H	D	I	S	T	R	E	T	C	H	V	I	I
L	D	R	Q	C	O	C	T	D	Q	J	E	X	E	E	L
G	M	Y	E	R	Z	Q	I	I	X	T	O	U	M	N	I
Y	Q	Q	T	N	O	F	D	T	C	N	U	W	E	C	T
I	S	N	A	J	G	E	N	A	Y	T	T	H	N	E	Y
T	I	B	G	A	R	T	M	U	G	G	Y	O	T	K	Z
Z	N	S	B	H	K	E	H	P	H	Y	S	I	C	A	L
V	K	P	D	I	W	F	B	E	D	T	I	M	E	T	Y

**AFFECT
BEDTIME
CALMNESS
INTROSPECT
MOVEMENT
RESILIENCE
SLOWDOWN
STRETCH**

**BALANCE
BELONG
HOLISTIC
JOYFUL
PHYSICAL
SIMPLICITY
STRENGTH
TRANQUILITY**

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