

# Wellbeing Word Search

## Puzzle 109

D	E	L	I	G	H	T	O	H	Z	O	S	C	P	T	P
F	O	U	T	D	O	O	R	G	E	R	W	L	W	Y	W
A	R	F	V	S	U	A	P	Z	Q	V	A	A	E	H	W
Q	M	E	L	N	G	B	W	A	A	R	R	C	A	E	U
L	C	O	S	M	I	N	D	F	U	L	N	E	S	S	P
C	C	O	H	P	P	R	E	S	S	U	R	E	K	V	P
O	U	E	N	E	I	Q	D	X	A	F	F	E	C	T	S
L	U	N	Z	F	Q	R	X	E	U	J	E	F	J	B	E
I	S	U	G	D	I	I	A	X	F	F	S	E	K	D	T
F	L	T	R	F	W	D	D	T	E	E	H	P	U	O	N
E	O	R	E	N	X	R	E	I	I	E	N	T	A	M	N
S	W	I	N	A	Y	K	L	N	A	O	I	S	D	J	M
T	D	T	E	E	Z	E	O	C	C	T	N	D	E	T	L
Y	O	I	W	P	R	I	C	X	A	E	Z	V	V	N	H
L	W	O	A	U	N	C	Y	R	C	C	C	K	I	K	G
E	N	N	L	G	J	M	G	N	A	T	U	R	E	X	Q

**AFFECT**  
**DEFENSE**  
**GRATITUDE**  
**MINDFULNESS**  
**NUTRITION**  
**PRESSURE**  
**RENEWAL**  
**SLEEP**

**CONFIDENCE**  
**DELIGHT**  
**LIFESTYLE**  
**NATURE**  
**OUTDOOR**  
**RELIEF**  
**RESPIRATION**  
**SLOWDOWN**

# Wellbeing Word Search

## Puzzle-Solution 109

D	E	L	I	G	H	T	O	H	Z	O	S	C	P	T	P
F	O	U	T	D	O	O	R	G	E	R	W	L	W	Y	W
A	R	F	V	S	U	A	P	Z	Q	V	A	A	E	H	W
Q	M	E	L	N	G	B	W	A	A	R	R	C	A	E	U
L	C	O	S	M	I	N	D	F	U	L	N	E	S	S	P
C	C	O	H	P	P	R	E	S	S	U	R	E	K	V	P
O	U	E	N	E	I	Q	D	X	A	F	F	E	C	T	S
L	U	N	Z	F	Q	R	X	E	U	J	E	F	J	B	E
I	S	U	G	D	I	I	A	X	F	F	S	E	K	D	T
F	L	T	R	F	W	D	D	T	E	E	H	P	U	O	N
E	O	R	E	N	X	R	E	I	I	E	N	T	A	M	N
S	W	I	N	A	Y	K	L	N	A	O	I	S	D	J	M
T	D	T	E	E	Z	E	O	C	C	T	N	D	E	T	L
Y	O	I	W	P	R	I	C	X	A	E	Z	V	V	N	H
L	W	O	A	U	N	C	Y	R	C	C	C	K	I	K	G
E	N	N	L	G	J	M	G	N	A	T	U	R	E	X	Q

**AFFECT**  
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