

# Wellbeing Word Search

## Puzzle 112

L	S	W	X	I	X	H	F	G	O	R	F	N	T	Z	H
C	G	H	U	W	P	J	X	O	D	X	O	W	Q	A	I
W	N	I	E	C	P	X	I	W	R	I	Y	T	M	K	E
M	G	Q	S	O	O	T	H	E	T	E	N	G	M	I	M
D	K	F	T	S	Q	Q	I	A	V	K	S	B	E	K	P
K	M	E	T	A	B	O	L	I	S	M	V	T	A	N	A
Q	L	E	S	J	X	U	G	G	A	T	T	G	B	K	T
I	N	N	U	C	G	A	O	V	E	R	L	O	A	D	H
P	P	K	I	E	T	Y	E	Y	R	C	A	L	M	V	Y
P	H	V	R	T	B	L	U	T	E	A	H	I	B	D	P
F	Y	E	W	H	J	N	R	H	L	X	N	P	Z	E	Y
L	S	T	W	B	Y	O	D	K	A	G	P	C	E	J	Y
O	I	H	V	A	P	T	A	C	T	E	N	L	H	T	Y
W	C	C	G	P	T	N	H	S	I	U	S	J	Y	O	K
V	A	Q	U	G	F	E	C	M	O	F	U	B	Q	J	R
N	L	S	V	U	H	X	R	H	N	U	W	X	Z	V	H

**ANCHOR  
EMPATHY  
FOREST  
OVERLOAD  
PHYSICAL  
RELATION  
SLEEP  
SUPPORT**

**CALM  
FLOW  
METABOLISM  
OXYGEN  
REGULATION  
RHYTHM  
SOOTHE  
WATER**

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## Puzzle-Solution 112

L	S	W	X	I	X	H	F	G	O	R	F	N	T	Z	H
C	G	H	U	W	P	J	X	O	D	X	O	W	Q	A	I
W	N	I	E	C	P	X	I	W	R	I	Y	T	M	K	E
M	G	Q	S	O	O	T	H	E	T	E	N	G	M	I	M
D	K	F	T	S	Q	Q	I	A	V	K	S	B	E	K	P
K	M	E	T	A	B	O	L	I	S	M	V	T	A	N	A
Q	L	E	S	J	X	U	G	G	A	T	T	G	B	K	T
I	N	N	U	C	G	A	O	V	E	R	L	O	A	D	H
P	P	K	I	E	T	Y	E	Y	R	C	A	L	M	V	Y
P	H	V	R	T	B	L	U	T	E	A	H	I	B	D	P
F	Y	E	W	H	J	N	R	H	L	X	N	P	Z	E	Y
L	S	T	W	B	Y	O	D	K	A	G	P	C	E	J	Y
O	I	H	V	A	P	T	A	C	T	E	N	L	H	T	Y
W	C	C	G	P	T	N	H	S	I	U	S	J	Y	O	K
V	A	Q	U	G	F	E	C	M	O	F	U	B	Q	J	R
N	L	S	V	U	H	X	R	H	N	U	W	X	Z	V	H

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