

Wellbeing Word Search

Puzzle 133

K	O	T	M	O	D	E	R	A	T	I	O	N	E	Q	Q
O	M	I	N	D	F	U	L	N	E	S	S	G	X	P	X
D	F	L	H	B	S	P	K	K	X	A	G	U	P	K	Z
S	P	G	T	Z	K	C	T	L	L	F	G	T	R	Q	D
S	V	Y	A	J	Z	Q	O	B	U	E	H	J	E	H	J
U	P	V	N	C	H	N	P	N	M	T	A	I	S	U	L
S	N	E	J	E	W	C	N	K	D	Y	F	K	S	A	C
O	U	I	R	B	R	E	A	T	H	I	T	U	I	L	A
F	S	I	T	S	Q	X	Y	A	R	T	T	C	O	R	R
T	T	V	M	Y	P	T	H	A	L	F	O	I	N	O	O
N	R	Z	W	P	I	E	D	V	A	S	L	Y	O	J	U
E	E	A	F	L	P	Z	C	B	O	M	D	E	X	N	T
S	S	J	I	Z	A	P	J	T	Z	F	Q	A	L	V	I
S	S	B	A	P	P	R	E	C	I	A	T	I	O	N	N
S	O	G	R	E	S	T	F	U	L	V	D	K	D	A	E
M	P	J	Y	Q	Q	C	W	L	S	C	E	R	E	A	E

**APPRECIATION
BREATH
EXPRESSION
MOBILITY
PERSPECTIVE
ROUTINE
SOCIAL
STRESS**

**ART
CONDITION
MINDFULNESS
MODERATION
RESTFUL
SAFETY
SOFTNESS
UNITY**

Wellbeing Word Search

Puzzle-Solution 133

K	O	T	M	O	D	E	R	A	T	I	O	N	E	Q	Q
O	M	I	N	D	F	U	L	N	E	S	S	G	X	P	X
D	F	L	H	B	S	P	K	K	X	A	G	U	P	K	Z
S	P	G	T	Z	K	C	T	L	L	F	G	T	R	Q	D
S	V	Y	A	J	Z	Q	O	B	U	E	H	J	E	H	J
U	P	V	N	C	H	N	P	N	M	T	A	I	S	U	L
S	N	E	J	E	W	C	N	K	D	Y	F	K	S	A	C
O	U	I	R	B	R	E	A	T	H	I	T	U	I	L	A
F	S	I	T	S	Q	X	Y	A	R	T	T	C	O	R	R
T	T	V	M	Y	P	T	H	A	L	F	O	I	N	O	O
N	R	Z	W	P	I	E	D	V	A	S	L	Y	O	J	U
E	E	A	F	L	P	Z	C	B	O	M	D	E	X	N	T
S	S	J	I	Z	A	P	J	T	Z	F	Q	A	L	V	I
S	S	B	A	P	P	R	E	C	I	A	T	I	O	N	N
S	O	G	R	E	S	T	F	U	L	V	D	K	D	A	E
M	P	J	Y	Q	Q	C	W	L	S	C	E	R	E	A	E

APPRECIATION
BREATH
EXPRESSION
MOBILITY
PERSPECTIVE
ROUTINE
SOCIAL
STRESS

ART
CONDITION
MINDFULNESS
MODERATION
RESTFUL
SAFETY
SOFTNESS
UNITY