

Wellbeing Word Search

Puzzle 148

N	Q	T	I	N	U	T	R	I	T	I	O	N	G	H	W
T	V	E	D	J	X	G	O	H	W	E	J	X	S	A	E
M	S	A	W	A	R	E	N	E	S	S	E	N	U	R	K
X	W	O	R	R	Y	C	D	A	O	C	T	N	N	M	R
X	J	N	P	M	A	Z	U	O	I	R	O	H	L	O	L
C	R	E	L	A	T	I	O	N	O	I	K	P	I	N	D
R	O	T	Q	V	Y	W	K	F	S	S	G	R	G	Y	M
O	E	N	T	M	P	K	M	N	I	E	N	E	H	C	O
A	X	G	T	C	E	O	E	Z	V	R	N	S	T	O	D
N	V	N	U	E	C	T	J	I	X	E	A	I	Y	M	E
Z	Y	U	W	L	N	J	M	E	Q	N	X	L	P	P	R
D	W	A	L	K	A	T	B	X	J	I	O	I	V	O	A
J	Y	Q	W	X	J	T	M	I	M	T	G	E	S	S	T
Z	T	R	N	Y	G	Z	I	E	Z	Y	N	N	A	U	I
M	L	X	S	F	T	L	Y	O	N	N	S	C	G	R	O
F	D	E	F	E	N	S	E	S	N	T	I	E	R	E	N

**AWARENESS
COMPOSURE
DEFENSE
MODERATION
REGULATION
RESILIENCE
SUNLIGHT
WALK**

**COMFORT
CONTENTMENT
HARMONY
NUTRITION
RELATION
SERENITY
TENSION
WORRY**

Wellbeing Word Search

Puzzle-Solution 148

N	Q	T	I	N	U	T	R	I	T	I	O	N	G	H	W
T	V	E	D	J	X	G	O	H	W	E	J	X	S	A	E
M	S	A	W	A	R	E	N	E	S	S	E	N	U	R	K
X	W	O	R	R	Y	C	D	A	O	C	T	N	N	M	R
X	J	N	P	M	A	Z	U	O	I	R	O	H	L	O	L
C	R	E	L	A	T	I	O	N	O	I	K	P	I	N	D
R	O	T	Q	V	Y	W	K	F	S	S	G	R	G	Y	M
O	E	N	T	M	P	K	M	N	I	E	N	E	H	C	O
A	X	G	T	C	E	O	E	Z	V	R	N	S	T	O	D
N	V	N	U	E	C	T	J	I	X	E	A	I	Y	M	E
Z	Y	U	W	L	N	J	M	E	Q	N	X	L	P	P	R
D	W	A	L	K	A	T	B	X	J	I	O	I	V	O	A
J	Y	Q	W	X	J	T	M	I	M	T	G	E	S	S	T
Z	T	R	N	Y	G	Z	I	E	Z	Y	N	N	A	U	I
M	L	X	S	F	T	L	Y	O	N	N	S	C	G	R	O
F	D	E	F	E	N	S	E	S	N	T	I	E	R	E	N

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