

# Wellbeing Word Search

## Puzzle 201

H	Y	H	Y	D	R	A	T	I	O	N	A	E	E	S	S
N	Y	D	V	O	B	W	U	W	Q	O	M	S	H	A	T
E	X	P	R	E	S	S	I	O	N	D	O	D	A	R	R
D	L	I	T	Z	L	C	D	N	S	U	D	I	R	E	E
B	P	L	H	R	L	K	E	K	T	Y	E	G	M	S	N
H	U	M	E	E	A	S	A	R	O	H	R	E	O	T	G
O	X	Y	G	E	N	N	O	W	N	X	A	S	N	F	T
F	E	X	Z	E	L	F	Q	C	B	R	T	T	Y	U	H
V	E	O	F	H	M	S	A	U	J	K	I	I	C	L	U
G	P	E	B	O	E	P	G	T	I	E	O	O	X	P	L
S	D	A	C	S	E	S	K	D	I	L	N	N	B	Y	Q
I	D	S	U	X	O	I	P	Z	X	G	I	P	R	J	B
V	R	E	G	U	L	A	T	I	O	N	U	T	L	A	W
F	T	E	N	S	I	O	N	U	N	S	N	E	Y	A	Q
G	D	P	B	O	M	N	D	H	S	A	F	U	N	F	Y
G	A	Z	M	V	T	H	E	A	L	T	H	C	A	R	E

**COMFORT  
DIGESTION  
FATIGUE  
HEALTHCARE  
MODERATION  
PLAY  
RESTFUL  
TENSION**

**DEFENSE  
EXPRESSION  
HARMONY  
HYDRATION  
OXYGEN  
REGULATION  
STRENGTH  
TRANQUILITY**

# Wellbeing Word Search

## Puzzle-Solution 201

H	Y	H	Y	D	R	A	T	I	O	N	A	E	E	S	S
N	Y	D	V	O	B	W	U	W	Q	O	M	S	H	A	T
E	X	P	R	E	S	S	I	O	N	D	O	D	A	R	R
D	L	I	T	Z	L	C	D	N	S	U	D	I	R	E	E
B	P	L	H	R	L	K	E	K	T	Y	E	G	M	S	N
H	U	M	E	E	A	S	A	R	O	H	R	E	O	T	G
O	X	Y	G	E	N	N	O	W	N	X	A	S	N	F	T
F	E	X	Z	E	L	F	Q	C	B	R	T	T	Y	U	H
V	E	O	F	H	M	S	A	U	J	K	I	I	C	L	U
G	P	E	B	O	E	P	G	T	I	E	O	O	X	P	L
S	D	A	C	S	E	S	K	D	I	L	N	N	B	Y	Q
I	D	S	U	X	O	I	P	Z	X	G	I	P	R	J	B
V	R	E	G	U	L	A	T	I	O	N	U	T	L	A	W
F	T	E	N	S	I	O	N	U	N	S	N	E	Y	A	Q
G	D	P	B	O	M	N	D	H	S	A	F	U	N	F	Y
G	A	Z	M	V	T	H	E	A	L	T	H	C	A	R	E

**COMFORT**  
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**PLAY**  
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