

# Wellbeing Word Search

## Puzzle 204

K	E	X	P	R	E	S	S	I	O	N	J	G	F	C	Y
H	V	G	X	F	W	C	E	J	H	L	L	E	Z	V	R
A	B	J	M	Q	K	V	R	V	A	N	Z	Y	I	N	F
P	H	R	F	I	V	A	E	U	C	E	N	T	E	R	P
P	Z	M	E	Q	Q	O	N	R	T	I	N	C	V	L	I
I	Y	X	O	A	X	F	I	V	I	N	N	F	R	S	G
N	D	L	P	D	T	J	T	A	V	E	B	L	S	M	E
E	N	N	N	Q	E	H	Y	C	I	S	Q	E	M	N	M
S	Q	U	O	J	Z	R	E	T	T	D	N	S	O	D	P
S	B	P	T	M	I	Q	A	M	Y	E	I	I	S	C	A
I	V	D	J	R	G	P	E	T	L	M	T	D	I	Q	T
A	P	P	R	E	C	I	A	T	I	O	N	S	W	G	H
M	K	E	Z	Y	K	M	N	T	M	O	U	P	B	C	Y
U	W	E	Z	S	V	E	P	E	D	M	N	C	K	G	V
I	Q	E	D	B	G	O	S	T	R	E	T	C	H	J	E
M	E	A	K	M	I	N	D	F	U	L	N	E	S	S	W

**ACTIVITY  
BREATH  
EMOTION  
EXPRESSION  
HAPPINESS  
MODERATION  
OPTIMISM  
SERENITY**

**APPRECIATION  
CENTER  
EMPATHY  
GENTLENESS  
MINDFULNESS  
MUSIC  
PATIENCE  
STRETCH**

# Wellbeing Word Search

## Puzzle-Solution 204

K	E	X	P	R	E	S	S	I	O	N	J	G	F	C	Y
H	V	G	X	F	W	C	E	J	H	L	L	E	Z	V	R
A	B	J	M	Q	K	V	R	V	A	N	Z	Y	I	N	F
P	H	R	F	I	V	A	E	U	C	E	N	T	E	R	P
P	Z	M	E	Q	Q	O	N	R	T	I	N	C	V	L	I
I	Y	X	O	A	X	F	I	V	I	N	N	F	R	S	G
N	D	L	P	D	T	J	T	A	V	E	B	L	S	M	E
E	N	N	N	Q	E	H	Y	C	I	S	Q	E	M	N	M
S	Q	U	O	J	Z	R	E	T	T	D	N	S	O	D	P
S	B	P	T	M	I	Q	A	M	Y	E	I	I	S	C	A
I	V	D	J	R	G	P	E	T	L	M	T	D	I	Q	T
A	P	P	R	E	C	I	A	T	I	O	N	S	W	G	H
M	K	E	Z	Y	K	M	N	T	M	O	U	P	B	C	Y
U	W	E	Z	S	V	E	P	E	D	M	N	C	K	G	V
I	Q	E	D	B	G	O	S	T	R	E	T	C	H	J	E
M	E	A	K	M	I	N	D	F	U	L	N	E	S	S	W

**ACTIVITY**  
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