

# Wellbeing Word Search

## Puzzle 220

R	W	H	B	E	D	T	I	M	E	O	R	Y	M	J	W
R	A	B	W	E	S	A	V	Z	J	C	T	V	P	U	Y
C	P	C	N	H	M	C	O	N	F	I	D	E	N	C	E
I	P	Z	B	A	C	O	D	L	R	K	F	Z	N	D	O
P	R	I	O	X	T	I	T	A	W	Q	N	E	R	Q	C
D	E	A	U	U	F	U	L	I	F	J	T	Z	E	M	H
E	C	C	N	H	Z	C	R	G	O	S	Y	Q	S	O	W
F	I	T	D	O	Z	M	G	E	I	N	K	N	P	V	Q
E	A	I	A	O	B	B	R	S	X	R	H	P	I	E	J
N	T	V	R	Z	J	E	N	M	B	U	D	P	R	M	K
S	I	I	Y	W	H	O	L	E	F	O	O	D	A	E	F
E	O	T	X	U	C	A	M	V	V	P	U	O	T	N	R
H	N	Y	P	K	E	Z	D	U	X	S	P	V	I	T	G
S	T	A	B	I	L	I	T	Y	S	D	C	C	O	U	G
W	X	K	N	Q	R	W	R	J	K	I	F	A	N	F	T
A	W	V	I	T	A	L	I	T	Y	Z	C	J	D	R	H

**ACTIVITY  
BEDTIME  
CLARITY  
CONSISTENCY  
EMOTION  
MUSIC  
RESPIRATION  
VITALITY**

**APPRECIATION  
BOUNDARY  
CONFIDENCE  
DEFENSE  
MOVEMENT  
NATURE  
STABILITY  
WHOLEFOOD**

# Wellbeing Word Search

## Puzzle-Solution 220

R	W	H	B	E	D	T	I	M	E	O	R	Y	M	J	W
R	A	B	W	E	S	A	V	Z	J	C	T	V	P	U	Y
C	P	C	N	H	M	C	O	N	F	I	D	E	N	C	E
I	P	Z	B	A	C	O	D	L	R	K	F	Z	N	D	O
P	R	I	O	X	T	I	T	A	W	Q	N	E	R	Q	C
D	E	A	U	U	F	U	L	I	F	J	T	Z	E	M	H
E	C	C	N	H	Z	C	R	G	O	S	Y	Q	S	O	W
F	I	T	D	O	Z	M	G	E	I	N	K	N	P	V	Q
E	A	I	A	O	B	B	R	S	X	R	H	P	I	E	J
N	T	V	R	Z	J	E	N	M	B	U	D	P	R	M	K
S	I	I	Y	W	H	O	L	E	F	O	O	D	A	E	F
E	O	T	X	U	C	A	M	V	V	P	U	O	T	N	R
H	N	Y	P	K	E	Z	D	U	X	S	P	V	I	T	G
S	T	A	B	I	L	I	T	Y	S	D	C	C	O	U	G
W	X	K	N	Q	R	W	R	J	K	I	F	A	N	F	T
A	W	V	I	T	A	L	I	T	Y	Z	C	J	D	R	H

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