

# Wellbeing Word Search

## Puzzle 234

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| B | G | W | J | T | B | E | D | T | I | M | E | T | M | C | J |
| Z | R | R | P | M | E | T | A | B | O | L | I | S | M | Y | Q |
| K | A | P | E | J | M | M | B | R | E | S | T | O | R | E | C |
| D | T | C | O | N | P | U | W | O | Y | T | H | W | N | D | U |
| E | I | D | R | R | E | O | S | G | F | X | P | O | R | E | C |
| H | T | N | C | H | T | W | P | I | Z | W | H | R | L | W | O |
| I | U | F | Z | T | D | I | A | A | C | O | Y | R | H | U | B |
| P | D | Q | I | B | M | P | O | L | W | I | S | Y | K | O | H |
| Q | E | B | B | J | G | O | R | N | H | W | I | Z | E | W | R |
| X | A | W | P | E | V | K | X | T | F | J | C | L | R | C | Z |
| H | O | W | N | E | O | A | G | Y | N | Q | A | V | N | W | P |
| Z | F | K | I | O | F | N | X | G | G | A | L | A | M | A | R |
| A | C | U | L | L | E | Y | B | Z | F | E | E | A | S | E | Q |
| I | V | T | Y | R | B | B | C | I | D | A | N | C | H | O | R |
| Z | U | G | T | S | E | N | T | I | M | E | N | T | M | U | F |
| O | V | S | I | D | Z | R | X | T | D | T | J | Y | P | P | T |

**ANCHOR  
EASE  
HABIT  
MUSIC  
OXYGEN  
PORTION  
RESTORE  
STRENGTH**

**BEDTIME  
GRATITUDE  
METABOLISM  
OUTLOOK  
PHYSICAL  
RENEWAL  
SENTIMENT  
WORRY**

# Wellbeing Word Search

## Puzzle-Solution 234

|          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| B        | <b>G</b> | W        | J        | T        | <b>B</b> | <b>E</b> | <b>D</b> | <b>T</b> | <b>I</b> | <b>M</b> | <b>E</b> | T        | M        | C        | J        |
| Z        | <b>R</b> | <b>R</b> | P        | <b>M</b> | <b>E</b> | <b>T</b> | <b>A</b> | <b>B</b> | <b>O</b> | <b>L</b> | <b>I</b> | <b>S</b> | <b>M</b> | Y        | Q        |
| K        | <b>A</b> | <b>P</b> | <b>E</b> | J        | <b>M</b> | M        | B        | <b>R</b> | <b>E</b> | <b>S</b> | <b>T</b> | <b>O</b> | <b>R</b> | <b>E</b> | C        |
| D        | <b>T</b> | C        | <b>O</b> | <b>N</b> | P        | <b>U</b> | W        | O        | Y        | T        | H        | <b>W</b> | N        | D        | U        |
| E        | <b>I</b> | D        | R        | <b>R</b> | <b>E</b> | O        | <b>S</b> | G        | F        | X        | <b>P</b> | <b>O</b> | R        | E        | C        |
| H        | <b>T</b> | N        | C        | H        | <b>T</b> | <b>W</b> | P        | <b>I</b> | Z        | W        | <b>H</b> | <b>R</b> | L        | W        | O        |
| I        | <b>U</b> | F        | Z        | <b>T</b> | D        | <b>I</b> | <b>A</b> | <b>A</b> | <b>C</b> | O        | <b>Y</b> | <b>R</b> | H        | U        | B        |
| P        | <b>D</b> | Q        | <b>I</b> | B        | M        | P        | <b>O</b> | <b>L</b> | W        | I        | <b>S</b> | <b>Y</b> | K        | O        | H        |
| Q        | <b>E</b> | <b>B</b> | B        | J        | G        | <b>O</b> | R        | <b>N</b> | <b>H</b> | W        | <b>I</b> | Z        | E        | W        | R        |
| X        | <b>A</b> | W        | P        | E        | V        | <b>K</b> | <b>X</b> | <b>T</b> | F        | J        | <b>C</b> | L        | R        | C        | Z        |
| <b>H</b> | O        | W        | N        | E        | <b>O</b> | A        | <b>G</b> | <b>Y</b> | N        | Q        | <b>A</b> | V        | N        | W        | P        |
| Z        | F        | K        | I        | <b>O</b> | F        | <b>N</b> | X        | G        | <b>G</b> | A        | <b>L</b> | A        | M        | A        | R        |
| A        | C        | U        | <b>L</b> | L        | <b>E</b> | Y        | B        | Z        | F        | <b>E</b> | <b>E</b> | <b>A</b> | <b>S</b> | <b>E</b> | Q        |
| I        | V        | <b>T</b> | Y        | <b>R</b> | B        | B        | C        | I        | D        | <b>A</b> | <b>N</b> | <b>C</b> | <b>H</b> | <b>O</b> | <b>R</b> |
| Z        | <b>U</b> | G        | <b>T</b> | <b>S</b> | <b>E</b> | <b>N</b> | <b>T</b> | <b>I</b> | <b>M</b> | <b>E</b> | <b>N</b> | <b>T</b> | M        | U        | F        |
| <b>O</b> | V        | <b>S</b> | I        | D        | Z        | R        | X        | T        | D        | T        | J        | Y        | P        | P        | T        |

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